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- 1-8 Rock, Recover, Coaster Cross, Rock, Recover, Sailor 1/4 Left**
1,2,3&4 Rock forward Right(1), recover back on Left(2), step back Right(3), step Left beside Right(&), cross Right over left(4)
5,6,7&8 Rock Left to Left side(5), recover weight on Right(6), cross Left behind Right(7).
Step Right to Right side starting 1/4 turn left(&), step Left to Left side completing 1/4 turn Left (8) [9 .00]
- 9-16 Cross Rock Recover Side X2, Rock, Recover, Shuffle 1/2 Right**
1&2 Rock right over Left(1), recover back on Left(&), step Right to right side(2)
3&4 Rock Left over Right(3), recover back on Right(&), step Left to Left side (4)
5,6,7&8 Rock forward on Right(5), recover back on Left(6), Right shuffle making 1/2 turn Right(7&8) [3 .00]
- 17-24 Rock, Recover, Coaster Cross, Rock, Recover, Sailor 1/4 Right**
1,2,3&4 Rock forward Left (1), recover back on right(2), step back Left(3), step Right beside Left(&), cross Left over Right(4)
5,6,7&8 Rock Right to Right side(5), recover weight on Left(6), cross Right behind Left(7), step Left to Left side starting 1/4 turn Right(&), step right to Right side completing 1/4 turn Right(8) [6 .00]
- 25-32 Cross Rock Recover Side X2, Rock, Recover Shuffle 1/2 Left**
1&2 Rock Left over Right(1), recover back on Right(&), step Left to Left side(2)
3&4 Rock Right over Left(3), recover back on Left(&), step Right to Right side(4)
5,6,7&8 Rock forward on Left(5), recover back on Right(6), Left shuffle making 1/2 turn Left(7&8) [12 .00]
- 33-40 1/4 Touch, 1/4 Shuffle, 1/4 Touch, 1/4 Shuffle (Box Making Full Turn)**
1,2 Turning 1/4 Left, step Right to Right side(1), touch Left toe beside Right(2) [9 .00]
3&4 Turning 1/4 Left, Left shuffle to Left side (3&4) [6 .00]
5,6 Turning 1/4 Left, step Right to Right side(5), touch Left beside Right(6) [3 .00]
7&8 Turning 1/4 Left, Left shuffle to Left side (7&8) [12 .00]
- 41-48 Front, Side, Behind, Point, Cross, 1/4 Turn, 1/4 Shuffle**
1,2,3,4 Cross Right over Left(1), step Left to Left side(2), Cross Right behind Left(3), point or flick Left to Left side(4)
5,6 Cross Left over Right(5), making 1/4 turn left step back on Right(6) [9 .00]
7&8 Making 1/4 turn Left, Left shuffle to Left side(7&8) [6 .00]
- 49-56 Cross Rock, Recover & Cross Rock, Recover, Side Shuffle, Cross Rock, Recover**
1,2&3,4 Rock Right over Left(1), recover back on Left(2), step Right to Right side(&), rock Left over Right(3), recover back on Right(4)
5&6,7,8 Left shuffle to Left side(5&6), rock Right over left(7), recover back on Left(8) [6 .00]
- 57-64 & Cross Rock, Recover, Shuffle Back, Rock, Recover, & Step, Clap, Clap**
&1,2,3&4 Step Right to Right side(&), rock Left over Right(1), recover back on Right(2), Left shuffle back (3&4)
5,6 Rock back on Right(5), recover forward on Left(6), step Right beside Left(&), step forward Left(7), clap hands twice(&8) [6 .00]

Sorry – to keep in phrasing with the song a couple of add-ons are required

TAG: When using 'Chariots Of Fire' a small 4 count tag is needed;

1,2 Step forward on Right(1), pivot ½ turn Left(2)

3,4 Repeat counts 1,2 above

The tag is always done on the back wall – after walls 1, 3, and after 16 counts of wall 6.

RESTART: During wall 6 dance up to counts 13, 14 'Rock forward on Right, recover back on Left' then instead of doing 'Right shuffle making ½ turn Right' please do the following;

15 Making ¼ turn Right (to face back wall) step Right to Right side

16 Step Left beside Right taking weight

Then add on the 3rd tag and restart from beginning

The sequence should be;

1 wall then tag, 2 walls then tag, 2 walls plus 16 counts then tag, 2 walls to finish
