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- 1**            **Rock forward right. Shuffle back right. Rock back left Shuffle forward left**  
1 - 2        Rock forward on right. Rock back onto left.  
3 & 4        Step back right. Close left beside right. Step back right.  
5 - 6        Rock back on left. Rock forward onto right.  
7 & 8        Step forward left. Close right beside left. Step forward left.
- 2**            **Kick. Back. Coaster cross left. Side. Together. Chasse right.**  
& 1         Lift right knee slightly. Kick right foot down and across front of left  
& 2         Lift right knee, right foot close to left knee. Step back on right.  
3 & 4        Step back left. Step right beside left. Cross left over right.  
5 - 6        Step right to right side. Step left beside right.  
7 & 8        Step right to right side. Close left beside right. Step right to right side.
- 3**            **Cross Rock. Chasse turn  $\hat{A}$ ¼ left. Step. Turn  $\hat{A}$ ½ left. Step. Turn  $\hat{A}$ ¼ left.**  
1 - 2        Cross left over right stepping down on left. Rock back onto right.  
3 & 4        Step left to left side. Close right beside left. Turn 1/4 left.  
5 - 8        Step forward on right. Turn 1/2 left. Step forward on right. Turn 1/4 left.
- 4**            **Rock forward right. Shuffle back 1/2 turn right. Walk. Walk. Shuffle forward left**  
1 - 2        Rock forward on right. Rock back onto left.  
3 & 4        Shuffle step back making 1/2 turn right, stepping - right, left, right.  
5 - 6        Walk forward left. Walk forward right.  
7 & 8        Step forward left. Close right beside left. Step forward left.

**Options**    **for advanced dancers**  
Section 4    Replace Steps 5-6 with a full turn.

**Replace Steps 7&8 with triple full turn**