

GROOVE, GROOVE BABY

32 Counts, 4 Walls, Intermediate

Choreographed by: **Dee Musk (UK) & Jean-Pierre Madge (CH)** Jan 2023.

Choreographed to: **Time To Groove** by Majestic feat Nono.

Intro: **48 Counts, Approx 22 Sècs.**



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SEC 1 ROCK, BACK KNEE POP, SHUFFLE, STEP, ½ TURN, SHUFFLE BACK

1-3 Rock forward on R, recover weight to L, step back on R popping L knee

4&5 Step forward on R, step L beside R, step forward on R

6-7 Step forward on R, make ½ turn L (weight back on R) (6:00)

8&1 Step back on L, step R beside L, step back on L

SEC 2 BACK ROCK, KICK, OUT, OUT, ANTICLOCKWISE HIP ROLL, HEEL SWIVEL, ¼ TURN

2-3 Rock back on R, recover weight to L

4&5 Kick R forward, step R to R side, step L to L side

6-7 Roll hips anticlockwise over 2 counts (weight on R)

&8 Twist both heels L, twist both heels R making a ¼ turn L (weight back on R) (3:00)

SEC 3 STEP, SLOW FLICK BACK, STEP, ½ PIVOT TURN LEFT, STEP, HOLD, ¾ TURN

1-2 Step forward on L, flick R slowly backwards

3-4 Step forward on R, make ½ turn L (weight forward on L) (9:00)

5-6 Step forward on R, hold

7-8 Make a ½ turn R stepping back on L, make ¼ turn R stepping R to R side (6:00)

SEC 4 CROSS ROCK, SIDE ROCK, CROSS ROCK, SIDE DRAG, BEHIND, ¼ STEP, STEP ½ PIVOT

1&2& Cross rock L over R, recover weight to R, rock L to L side, recover weight to R

3&4 Cross rock L over R, recover weight to R, step L to L side dragging R towards L

5-8 Cross step R behind L, make ¼ turn L stepping forward on L (3:00)

7-8 Step forward on R, make ½ pivot turn L (9:00)

