



Leave All Our Troubles Behind

32 Count 4 Wall Low Intermediate Level Dance.
Choreographed by: Manuela Gustavsson (SWE) Jan 2023
Choreographed to: Be Alright by Chris Kläfford
Intro: 16 Counts. Start at approx 11 secs.

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SEC 1 DOROTHY STEP, DOROTHY STEP, JAZZ BOX

1-2& Step RF fwd to R diagonal, lock LF behind RF, step RF fwd
3-4& Step LF fwd to L diagonal, lock RF behind LF, step LF fwd
5-6 Step RF over LF, step LF back
7-8 Step RF to R side, step LF slightly fwd

Restart Here on wall 7, facing (6:00)

SEC 2 SIDE ROCK, SAILOR ¼, STEP TOUCH 2X, ROCK FWD

1-2 RF to R side, recover onto LF
3&4 Make a ¼ turn R and cross RF behind LF, step LF to L side, step RF fwd (3:00)
5&6& Step LF to L diagonal, touch RF beside LF, step RF to R diagonal, touch LF beside RF
7-8 Step LF fwd, recover onto RF

SEC 3 FULL TURN, COASTER STEP, SWAY 2X, CHASSE

1-2 Make ½ turn L stepping LF fwd, make ½ L stepping RF back (3:00)
3&4 Step LF back, step RF next to LF, step LF fwd
5-6 Step RF to R and sway hips to R, sway hips to L
7&8 Step RF to R side, step LF next to RF, step RF to R side

SEC 4 UNWIND FULL TURN, SCISSOR STEP, ROCKING CHAIR

1-2 Cross LF over RF, unwind full turn R keeping weight onto RF
3&4 Step LF to L side, close RF to L, cross LF over RF
5-6 Rock RF fwd, replace weight on LF
7-8 Rock RF back, replace weight on LF

Ending After 12 counts of Wall 10, R sailor step without the ¼ turn R (12:00)

