



Remember to Vote for your favourite dances in the Linedancer Charts.

Sequence: A (36 Counts), A, B, B, A, A (36 Counts), B, B (30 Counts), Tag, B, A

Part A

SEC 1 TOUCH, TOGETHER, TOUCH, TOGETHER, HITCH, STEP, HOP 3X

1-2 Touch R to R (Weight on L), Step R next to L (weight on R)

Arms Swing R arm fwd and bend R elbow

3-4 Touch L to L (Weight on R), Step L next to R (weight on L)

Arms Swing L arm fwd and bend L elbow

5-6 Hitch R knee to L diagonal, step R next to L

Arms Rise both arm 'V' shape

7&8 Hop to L side 3 times

Arms Flicking your hand at the side

SEC 2 KICK STEP, ROCK STEP, SCUFF TOUCH, ISOLATE HEAD, LOOK

1&2& Kick R fwd, Step R next to L, Rock L back, Recover onto R

3&4& Kick L fwd, Step L next to R, Rock R back, Recover onto L

5-6 R scuff, touch R out to R side (bend R leg)

7&8 Isolate your head/shoulder, look to R side (sharp)

SEC 3 BODY ROLL 2X, CROSS TOUCH, ¼ TURN CROSS TOUCH

1-2 Step R to R and R body roll, touch L next to R

3-4 Step L to L and L body roll, touch R next to L

5-6 Step R to R, cross touch L over R

7-8 Step L down ¼R turn, cross touch R over L

SEC 4 DIAMOND SHAPE, STEP, SHIMMY, SHOULDER UP & DOWN

&1&2 Step to R, Step L next to R, Step R fwd to L diagonal, Step L next to R

&3&4 Step R back to L diagonal, Step L next to R, Step R back to R diagonal, Step L next to R

5&6 Shimmy to R, step L next to R

7&8& Press R to R with pull your R shoulder up, L shoulder up, Drop your R shoulder down, L shoulder down

SEC 5 JAZZ BOX ¼ TURN, PADDLE POINT TURN 4X

1-2 Cross R over L, Step L back diagonal

3-4 Step R to R ¼R turn, Step L next to R

Arms Swing and bend elbow R-L-R with body slightly bend fwd

Restart Here on 1st and 6th time Part A is danced

5-6 Turn ¼ L Point R to R, Turn ¼ L Point R to R

7-8 Turn ¼ L Point R to R, Turn ¼ L Point R to R



My Girl

Continued... Page 2 of 2

Part B

SEC 1 DOROTHY STEP, CROSS ROCK RECOVER, 1½ TURN

1-2& Step R to R diagonal, lock L behind R, Step R to R diagonal

3-4& Step L to L diagonal, lock R behind L, step L to L diagonal

5-6 R cross rock fwd, recover onto L

7&8 ½ turn R step R fwd, ½ turn R step L back, ½ turn R step R fwd

Option ½ turn R turn fwd shuffle

SEC 2 SYNCOPATED DIAGONAL ROCK STEP, ¼ TURNING SHUFFLE

1-2& Rock fwd on L, Recover onto R, step L next to R

3-4& Rock fwd on R, recover onto L, step R next to L

5-6 Rock fwd on L, recover onto R

7&8 Turning ¾ L turn shuffle L, R, L

SEC 3 ROCK STEP, SYNCOPATED WEAVE ½ TURN, POINT, HITCH, SAILOR ½ TURN

1-2 Rock R to R, recover onto L

3&4 Cross R behind L, ¼ L turn step L fwd, ¼ L turn step R to R

5-6 Point L out to L (bend R leg), hitch L

7&8 ½ L turn step L back, step R next to L, Step L fwd

SEC 4 FORWARD LOCK STEP, FULL TURN SPIRAL, ROCK STEP

1-2 Step R fwd, lock L behind R

3&4 Lock step fwd R, L, R

5-6 Step L fwd, full turn spiral to R on ball L

Restart Here 4th time Part B is danced, add the following then restart

7-8 Step R Fwd, Pivot ¼L Turn

7-8 Rock R fwd, Recover onto L

SEC 5 ¼ TURN, SLIDE, HIP ROLL, ½ TURN, SLIDE, HIP BUMP

1-2 ¼ R turn long step R to R, slide L to R

Arms Raise your R arm from the back and up to the ear

&3&4 Hip roll anti-clockwise twice

5-6 ½ R turn long step L to L, slide R to L

Arms Raise your L arm from the back and up to the ear

7-8 Hip bump to L twice (keep your weight on L)

