

## **Everyone Needs A Hero**



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 64 Count 2 Wall Low intermediate Level Dance.

Choreographed by: Roy Verdonk (NL), Grace David (KOR)

& Jef Camps (BE) Jan 2023

Choreographed to: Holding Out For A Hero by Adam Lambert Intro: 48 Counts. Start at approx 21 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

<b>SEC 1</b> 1&2 3-4 5&6 7-8	SCUFF, OUT-OUT, KNEE SWIVEL, KICK-BALL-CROSS, SIDE ROCK/RECOVER RF scuff forward, RF step out, LF step out Twist R-knee in, twist R knee out (weight stays on LF) RF kick in R diagonal, RF close on ball next to LF, LF cross over RF RF rock side, recover
<b>SEC 2</b> 1-2 3-4 5-6 7&8	CROSS, ¼ BACK, ½ LEG SWING, STEP FORWARD, ¼ PIVOT, CROSS SAMBA RF cross over LF, ¼ turn R LF step back (3:00) Swing RF in the air while making ½ turn R on LF, RF step forward (9:00) LF step forward, make ¼ turn R putting weight on RF (12:00) LF cross over RF, RF step side, LF step side (slightly travelling forward)
<b>SEC 3</b> 1-2 3-4 5-6 7-8	ROCK FORWARD/RECOVER, ¼ TOE STRUT, ROCK FORWARD/RECOVER, FULL TURN BACK RF rock forward, recover on LF  ¼ Turn R RF step side on toes, RF drop heel down (3:00)  LF rock forward, recover on RF  ½ turn L LF step forward, ½ turn L RF step back (3:00)
<b>SEC 4</b> 1&2 3-4 5-6 7&8	COASTER STEP, WALK, WALK, ¼ SLIDE, DRAG, ½ SAILOR  Step LF step back, RF close next to LF, LF step forward  RF walk forward, LF walk forward  ¼ turn L RF big step side, LF drag towards RF (12:00)  LF cross behind RF, RF step side, ½ turn L LF step forward (10:30)
SEC 5 1-2 3&4 5-6 Styling 7&8	STEP FORWARD, ½ PIVOT, ½ SHUFFLE BACK, WALKS BACK, COASTER STEP RF step forward, make ½ turn L putting weight on LF (4:30) ½ turn L RF step back, LF close next to RF, RF step back (10:30) LF walk back, RF walk back Swivel while walking back LF step back, RF close next to LF, LF step forward
<b>SEC 6</b> 1-2 3&4 5-6 7&8	HEEL GRIND, 1/8 SIDE, BEHIND-SIDE-CROSS, SLIDE, DRAG, KICK-BALL-CROSS RF step forward on heel, make 1/8 turn on R heel LF step side (12:00) RF cross behind LF, LF step side, RF cross over LF LF large step side, RF drag towards LF RF kick in R diagonal. RF close on ball next to LF. LF cross over RF

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SEC 7 1-2 3-4 5-6 7-8	1/4 MONTEREY TURN X2 RF point side, 1/4 turn R RF close next to LF (3:00) LF point side, LF close next to RF RF point side, 1/4 turn R RF close next to LF (6:00) LF point side, LF close next to RF
<b>SEC 8</b> 1-2 3&4 5-6 7&8	DIAGONAL ROCK/RECOVER, BEHIND-SIDE-CROSS, DIAGONAL ROCK/RECOVER, COASTER STEP RF rock in R diagonal, recover on LF RF cross behind LF, LF step side, RF cross over LF LF rock in L diagonal, recover on RF LF step back, RF close next to LF, LF step forward
<b>Tag</b> 1-2 3-4 5-6 7-8	At the end of Wall 2, Dance all 8 counts, At the end of Walls 3 and 4, Dance first 4 counts RF step forward, make ½ turn L putting weight on LF RF step forward, make ½ turn L putting weight on LF RF step diagonally R forward, LF step diagonally L forward RF step back into center, LF close next to RF

