



About As Lonely

48 Count 1 Wall High Beginner Level Dance.
Choreographed by: Chris Cleevely (UK) Jan 2023
Choreographed to: She's About As Lonely As I'm Going to Let Her Get
by Brooks & Dunn
Intro: 32 Counts. Start at approx 16 secs.

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SEC 1 SHUFFLE FORWARD, ROCK FORWARD, RECOVER, ½ SHUFFLE, WALK, WALK

1&2 Shuffle forward R stepping R, L, R
3-4 Rock forward on L, recover weight on R
5&6 Make a ½ shuffle L, stepping L, R, L (6:00)
7-8 Walk forward R, walk forward L

SEC 2 STEP PIVOT ¼ TURN, CROSS SHUFFLE, 2 X ¼ TURNS, ROCK FORWARD, RECOVER

1-2 Step forward on R and pivot ¼ turn L (3:00)
3&4 Cross shuffle R over L, stepping R, L, R
5-6 Make ¼ turn R, stepping back on L, make ¼ turn R, stepping R to side (9:00)
7-8 Rock forward L, recover weight on R

SEC 3 COASTER, ROCK FORWARD, RECOVER, CROSS BEHIND, ¼, STEP, TOUCH

1&2 Step back on L, step R beside L, step forward on L
3-4 Rock forward R, recover weight on L
5-6 Cross R behind L, step ¼ L (6:00)
7-8 Step R to R side, touch L toe beside R

SEC 4 SHUFFLE FORWARD, ROCK FORWARD, RECOVER, ½ SHUFFLE, WALK, WALK

1&2 Shuffle forward L, stepping L, R, L
3-4 Rock Forward R, recover weight on L
5&6 Make a half shuffle R, stepping R, L, R (12:00)
7-8 Walk forward L, walk forward R

SEC 5 STEP PIVOT ¼ TURN, CROSS SHUFFLE, 2 X ¼ TURNS, ROCK FORWARD, RECOVER

1-2 Step forward on L and pivot ¼ turn R (3:00)
3&4 Cross shuffle L over R, stepping L, R, L
5-6 Make ¼ turn L, stepping back on R, make ¼ turn L, stepping L to side (9:00)
7-8 Rock forward R, recover weight on L

SEC 6 COASTER, ROCK FORWARD, RECOVER, BEHIND, ¼, STEP, TOUCH

1&2 Step back on R, step L beside R, step forward on R
3-4 Rock forward L, recover weight on R
5-6 Cross L behind R, step ¼ turn R (12:00)
7-8 Step L to L side, touch R toe beside L

