



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 HEEL GRIND, BEHIND SIDE CROSS, HEEL GRIND, BEHIND SIDE CROSS

- 1-2 Touch R Heel to R diagonal, Grind R heel to R
3&4 Step RF behind LF, Step LF to L side, Cross RF over L
5-6 Touch L heel to L diagonal, Grind L heel to L
7&8 Step LF behind RF, Step RF to R side, Cross LF over R

SEC 2 HEEL SWITCHES, LARGE STEP, DRAG, SHUFFLE ½ TURN, CHASSE ¼ TURN

- 1&2& Tap R Heel fwd, Step weight onto RF, Tap L Heel fwd, Step weight onto LF
3-4 Large step fwd on RF, Drag L toe to touch beside R (angling L shoulder back)
5&6 Step back on LF making ¼ turn L, Close RF beside LF, Step fwd on LF making ¼ turn L (6:00)
7&8 Step RF to R side making ¼ turn L, Close LF beside RF Step RF to R side (3:00)

SEC 3 ROCK BACK, ROCK AND CROSS, DIAGONAL ROCKING CHAIR

- 1-2 Rock back on LF, Recover onto RF
3&4 Rock LF to L side, Recover onto RF, Cross LF over RF
5-6 Rock fwd on RF to R diagonal, Recover onto LF
7-8 Rock back on RF still on diagonal, Recover onto LF

SEC 4 SIDE STEP, TOUCH, KICK BALL CROSS, SIDE STEP, TOUCH, KICK BALL CROSS ¼ TURN

- 1-2 Step RF to R side straightening up to (3:00), Touch L toe beside RF
3&4 Kick LF fwd, Step down onto ball of LF, Cross RF Over LF
5-6 Step LF to L side, Touch R toe beside LF
7&8 Kick RF fwd, Step down on ball of RF, Step LF fwd making ¼ turn R (6:00)

SEC 5 STEP PIVOT ½ TURN, FULL TURN, ROCK FWD, RECOVER, COASTER STEP

- 1-2 Step fwd onto RF, Pivot ½ turn L (12:00)
3-4 Make ½ turn L stepping back onto RF, Make ½ turn L stepping fwd onto LF (12:00)
5-6 Rock fwd onto RF, Recover onto LF
7&8 Step back onto RF, Close LF beside RF, Step fwd onto RF

SEC 6 ROCK, RECOVER, LARGE SIDE STEP ¼ TURN, SLIDE, SAILOR STEP, TOUCH BEHIND, UNWIND

- 1&2 Rock fwd onto LF, Recover onto RF,
3-4 Large step LF to L side making ¼ turn L, Drag R toe to touch beside LF (keeping weight on LF) 4-9:00)
Styling Wave arms out to side like a bird to hit on the words "eagle flies"
5&6 Step RF behind LF, Step LF to L side, Step RF to R side,
7-8 Touch L toe behind, unwind ½ turn L taking weight onto LF (9:00)

Love The One
Continues... Page 1 of 2



Love The One

Continued... Page 2 of 2

SEC 7 SAMBA STEP, SAMBA STEP, ROCK FWD, RECOVER, ½ TURN, ¼ TURN

- 1&2 Cross step RF over LF, Step LF to L side Step RF to R side,
3&4 Cross step LF over RF, Step RF to R side, Step LF to L side,
5-6 Rock fwd onto RF, Recover onto LF
7-8 Step fwd on RF making ½ turn R, Step LF to L side making ¼ turn R (12:00)

SEC 8 KICK STEP, KICK, STEP, TOUCH, SIDE, TOUCH, SIDE, TOUCH, STOMP, COASTER STEP

- 1&2& Kick RF fwd and across L leg, Step onto RF, Kick LF fwd and across R leg, Step onto LF &
3&4& Touch R toe beside LF, Step onto RF, Touch L toe beside RF, Step onto LF
5-6 Touch R toe beside LF, Stomp RF to R side
7&8 Step back onto LF, Close RF beside LF Step fwd on LF

SEC 9 WALK, WALK, STEP, PIVOT ½ TURN, JAZZBOX

- 1-2 Walk fwd on RF, Walk fwd on LF
3-4 Step fwd on RF, Pivot ½ turn L (6:00)
5-6 Cross RF over LF, Step back onto LF
7-8 Step RF to R side, Cross LF over RF

Tag 1 At the end of walls 2 and 4

4X TOE STRUTS, FWD COASTER STEP, WALKS BACK, COASTER STEP

- 1&2& Touch R toe fwd, Drop weight onto R heel, Touch L toe fwd, Drop weight onto L heel
3&4& Touch R toe fwd, Drop weight onto R heel, Touch L toe fwd, Drop weight onto L heel
5&6 Step fwd onto RF, Close LF beside RF Step back onto RF
7-8 Walk back on LF, Walk back on RF

WALKS FORWARD, OUT, OUT, CLAP, IN, IN, CLAP

- 1&2 Step back on LF, Close RF beside LF, Step fwd on LF
3-4 Walk fwd on RF, Walk fwd on LF
&5-6 Step out on RF, Step out on LF, Clap hands
&7-8 Step in on RF, Step in on LF, Clap hands

Note At the end of the tag after wall 4 there is "2 count" pause, hold for these beats then restart

Tag 2 At the end of Wall 3

WALK, WALK, STEP, PIVOT ½ TURN, JAZZBOX

- 1-2 Walk fwd on RF, Walk fwd on LF
3-4 Step fwd on RF, Pivot ½ turn L
5-6 Cross RF over LF, Step back onto LF
7-8 Step RF to R side, Cross LF over RF

