

Get In Or Get Out



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall High Improver Level Dance.
Choreographed by: Maggie Gallagher (UK) Sept 2022
Choreographed to: Get In Or Get Out by Sarah Lake
Intro: 8 Counts. Start at approx 4 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1 2&3-4 5-6 7&8	STEP, KICK BALL CHANGE, WALK, ROCK, RECOVER, BACK SHUFFLE Step forward on right Kick left forward, Step down on left next to right, Step forward on right, Walk forward on left Rock forward on right, Recover on left Step back on right, Step left next to right, Step back on right
SEC 2 1&2 3-4 5&6 7-8&	1/2 SHUFFLE, 1/4 SIDE ROCK, RECOVER, BEHIND SIDE CROSS, POINT, HOLD & 1/4 left stepping left to left side, step right next to left, 1/4 left stepping forward on left (6:00) 1/4 left rocking right to right side, Recover on left (3:00) Cross right behind left, Step left to left side, Cross right over left Point left to left side, HOLD, Step left next to right
Restart	Here on Walls 3 and 9, On Wall 9 Dance Tag 2 then Restart
SEC 3 1-2 &3& 4& 5-6 7&8	ROCK, RECOVER, & HEEL & HEEL &, ROCK, RECOVER, ¼ CHASSE Rock forward on right, Recover on left Step right next to left, Touch left heel forward, Step left next to right Touch right heel forward, Step right next to left Rock forward on left, Recover on right ¼ left stepping left to left side, Step right next to left, Step left to left side (12:00)
SEC 4 1-2 3&4 5-6 7&8 Option	CROSS, ¼, COASTER STEP, WALK, ½, SHUFFLE ½ Cross right over left, ¼ right stepping back on left (3:00) Step back on right, Step left next to right, Step forward on right Walk forward on left, ½ left stepping back on right (9:00) ½ left stepping forward on left, Step right next to left, Step forward on left (3:00) Walk forward on right, L shuffle forward
Tag	At the end of Walls 5 and 8 ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, COASTER STEP
1-2 3&4 5-6 7&8	Rock forward on right, Recover on left Step back on right, Step left next to right, Step forward on right Rock forward on left, Recover on right Step back on left, Step right next to left, Step forward on left
Tag	After 16 counts of Wall 9, Dance Tag 2 then Restart STOMP, HOLD, STOMP, HOLD
1-2 3-4	Stomp R forward, HOLD Stomp L forward, HOLD

