Le Freak
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72 Count 2 Wall Phrased Intermediate Level Dance.
Choreographed by: Jo Kinser (UK) \& John Kinser (UK) Sept 2022
Choreographed to: Le Freak (radio Edit) by Chic
Intro: Start on vocal "Freak Out" at approx 2 secs

Remember to Vote for your favourite dances in the Linedancer Charts.
Sequence: $A, B, A, B, A, B, B, B, A$

## Part A

SEC 1 OUT OUT, IN IN X2, $1 / 4$ TURN, SIDE TOUCH, SIDE TOUCH
\&1\&2 RF step side R, LF step side L, RF step to center, LF step together (Hands follow feet)
\& 3\&4 RF step side R, LF step side L, RF step to center, LF step together (Hands follow feet)
5-6 $\quad 1 / 4$ turn R RF step R, LF touch next to RF, Rt Hand goes Up, Down (3:00)
7-8 LF step L, RF touch next to LF, Lt Hand goes Up, Down
SEC 2-4 Repeat Section 1 three more times(12:00)

## Part B

SEC 1 K STEP, L SHUFFLE FORWARD
1-2 $\quad$ RF step diagonal fwd R, LF touch next to RF (Snap Rt Fingers)
3-4 LF step back to center, RF touch next to LF (Snap Rt Fingers)
5-6 RF step diagonal back R, LF touch next to RF (Snap Rt Fingers, looking over R shoulder)
7\&8 LF step fwd, RF step next to LF, LF step fwd
SEC 2 VINE, POINT, ROLLING VINE, JUMP X2 $1 / 8$
1-2-3 RF step R, LF step behind RF, RF step R
Arms Roll hands in front of you 1-3
4 LF Point Land Right Finger point diagonal Up R
5-6 $\quad 1 / 4$ turn L LF step fwd, $1 / 2$ turn L RF step back (3:00)
$7 \& 8 \quad 1 / 4$ turn $L$ LF step $L, 1 / 8$ turn L jump both feet together, Jump together (10:30)
Option \& RF step next to LF, LF step side Left (Side Chasse)
SEC 3 KICK, BACK, TWIST, TWIST FWD
1-2 RF kick fwd, RF step back
3-4 Twist your upper body $R$ looking over your $R$ shoulder, Twist back recovering on LF
Arms L Palm push fwd and R Elbow goes back, Return to neutral position,
5-6 RF kick fwd, RF step back
7-8 $\quad$ Twist your upper body $R$ looking over your $R$ shoulder, Twist back recovering on $L F$
Arms L Palm push fwd and R Elbow goes back, Return to neutral position,
SEC 4 STEP $1 ⁄ 2$, FULL TURN, SHUFFLE FWD, PUSH MAMBO STEP
1-2 $\quad$ RF step fwd, $1 / 2$ turn $L$ LF step fwd ( $4: 30$ )
3-4 $\quad 1 / 2$ turn L RF step back, $1 / 2$ turn L LF step fwd (4:30)
5\&6 RF step fwd, LF step next to RF, RF step fwd
7\&8 Push ball of LF fwd (Hips fwd), Recover on RF, LF step next to RF (4:30)

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## SEC 5 KICK, POINT BACK, TWIST-TURN, HITCH, POINT, SAILOR $1 ⁄ 4$, HITCH

1-2 $\quad R F$ kick low fwd, $R F$ touch diagonal back $R$
3-4 $\quad 1 / 8$ turn R step on RF twisting R, Hitch Left knee across the $R(6: 00)$
5 LF point L
6\&7 $\quad 1 / 4$ turn L LF behind RF, RF step R, LF step L and slightly fwd (3:00)
$8 \quad$ Hitch $R$ knee
SEC 6 BODY ROLL TRAVELLING BACKWARDS X2, C BUMPS
1-2 RF touch back Body Roll Back, End your Body Roll recover on RF
\& LF step next RF
3-4 RF touch back Body Roll Back, End your Body Roll recover on RF
\& LF step next RF
5\&6 RF step slightly back and $R$ hip bump Up, Center, Down
\&7\&8 R hip bump Center, Up, Center, Down Weight on RF
Arms $\quad$ arm like a C shape
SEC 7 FWD, $1 / 2$ TURN, $1 / 4$ SIDE SHUFFLE ARM PUMPS, JAZZ BOX CROSS
1-2 LF step fwd, $1 / 2$ turn LRF step back ( $9: 00$ )
$3 \& 4 \quad 1 / 4$ turn L LF step L, RF step next to LF, LF step L (Pump Arms L) (6:00)
5-6 RF step over LF, LF step Back
7-8 RF step R, LF cross over RF
SEC 8 FULL TURN PADDLE, FWD, $1 ⁄ 2$ CHARLESTON, MAMBO BACK
1-2 $\quad 1 / 4$ turn R RF step fwd, $1 / 4$ turn $R$ and $L F$ point $L$ (12:00)
3-4 $\quad 1 / 2$ turn R LF point $L$, LF step fwd (6:00)
5-6 RF kick low fwd, RF step back
7\&8 LF rock back, Recover on RF, LF step fwd

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