

Dance starts after shake your body hot, Start with Music.

Rock Back Right, Shuffle Right, Rock Forward Left Shuffle Left

- 1-2 Step Right behind Left Turning 1/4 Right, Rock Forward Left,
3&4 Step Forward Right, Step Left Beside Right, Step Forward Right,
5-6 Step Forward Left, Rock Back on Right,
7-8 Step Back Left, Step Right Beside Left, Step Back Left.

Rock Back Right. Right Shuffle Forward, 1/4 Turning Shuffle Right, 1/2 Turning Shuffle Right.

- 9-10 Step Right to Right Side Turning 1/4 Turn to Left, Rock Forward On Left.
11&12 Step Forward Right, Step Left Beside Right, Step Forward Right,
13&14 Pivot 1/4 Turn Right on Ball of Right Stepping Left to Left, Step Right Beside Left Step Left to Left
15&16 Pivot 1/2 turn Right on Ball of Left Stepping Right To Right, Step Left Beside Right, Step Right to Right,

Rock Forward Left, Left coaster Step, Rock Forward Right, Right Toe Back 1/2 Turn Right.

- 17-18 Step Forward Left, Rock Back Right.
19&20 Step Back Left, Step Right Beside Left, Step Forward Left.
21-24 Step Forward Right, Rock Back on Left, Touch Right toe Back, 1/2 Pivot turn Right.

Left Shuffle Forward, Rock Forward Right, Step Back Right, Swing Hips Left, Right, Left.

- 25&26 Step Forward Left, Step Right Beside Left, Step Forward Left.
27-29 Step Forward Right, Rock Back Left, Step Back Right Swaying Hips to Right.
30-32 Sway Hips Left, Sway Hips Right, Sway Hips Left.
-