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**Remember to Vote** for your favourite dances in the Linedancer Charts.

**SEC 1 SUGAR FOOT, STOMP, SUGAR FOOT, STOMP**

- 1-2 Touch right toe left instep, Touch right heel to left instep  
3-4 Stomp right foot across left foot, Hold  
5-6 Touch left toe to right instep, Touch left heel to right instep  
7-8 Stomp left foot across right foot, Hold

**SEC 2 STEP, TAP, BACK, HOOK, SLOW LOCK STEP FORWARD, HOLD**

- 1-2 Step forward n right foot, Tap left toe behind right  
3-4 Step back on left, Hook right over left  
5-6 Step forward on right, Lock left behind right  
7-8 Step forward on right, Hold

**SEC 3 SLOW FORWARD MAMBO ½ TURN LEFT, HOLD, MODIFIED FULL TURN, HOLD**

- 1-2 Rock forward on left, Recover onto right,  
3-4 Turn ½ back over your left shoulder, stepping forward on left, Hold (6:00)  
5-6 Turn ½ over your left shoulder stepping back on right, Hold (12:00)  
7-8 Turn ½ over your left shoulder stepping forward on left, Hold (6:00)

**Option** Replace the Full Turn with Walk, Hold, Walk, Hold

**Restart** Here on Walls 5 and 10

**SEC 4 STEP, HOLD, ¼ TURN, HOLD, HEEL SWITCHES**

- 1-2 Step forward on right, Hold  
3-4 Turn ¼ left, Hold (3:00)  
5-6 Touch right heel forward, Step right in place,  
7-8 Touch left heel forward, Step left in place