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**Remember to Vote** for your favourite dances in the Linedancer Charts.

**SEC 1 SUGAR FOOT, TRIPLE, SUGAR FOOT, TRIPLE**

1-2 Point right toe to left instep, right heel to left instep  
3&4 Triple-step in place right, left, right  
5-6 Point left toe to right instep, left heel to right instep  
7&8 Triple-step in place left, right, left

**SEC 2 TOE HEEL STRUTS FORWARD X4**

1-2 Right toes, step down R heel  
3-4 Left toes, step down L heel  
5-6 Right toes, step down R heel  
7-8 Left toes, step down L heel

**SEC 3 HEEL TOE X2, WALK BACKWARDS**

1-2 Touch forward R heel, lower R toes to floor  
3-4 Touch forward L heel, lower L toes to floor  
5-6 Touch forward R heel, lower R toes to floor  
7-8 Touch forward L heel, lower L toes to floor

**Restart** Here on Wall 2

**SEC 4 LINDY, LINDY**

1&2 Shuffle right, left, right to right side  
3-4 Rock back on left behind right, recover right  
5&6 Shuffle left, right, left to left side  
7&8 Rock back on right behind left, recover

**SEC 5 DOUBLE KICK, COASTER STEP, DOUBLE KICK, COASTER**

1-2 Low kicks right foot (two times)  
3&4 Step right back, step right together & step right forward  
5-6 Low kick left foot (two times)  
7&8 Step left back, step left together & step left forward

**SEC 6 ¼ MONTEREY TURN, JAZZ BOX**

1&2 Touch R toe to R side, Pivot ¼ R on ball of L step R next to L (9:00)  
3-4 Touch L toe to Left, step L next to R  
5-6 Cross R over L, step back on L  
7-8 Step R to R side, step L next to R

**Ghost Of A Cowboy**  
Continues... Page 1 of 2



## Ghost Of A Cowboy

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### SEC 7 LINDY, LINDY

- 1&2 Shuffle right, left, right to right side
- 3-4 Rock back on left behind right, recover right
- 5&6 Shuffle left, right, left to left side
- 7&8 Rock back on right behind left, recover

### SEC 8 LOCK STEP, TRIPLE STEP, LOCK STEP, TRIPLE STEP

- 1-2 Step right forward, cross left behind right
- 3&4 Step right, left right in place
- 5-6 Step left forward, cross right behind left
- 7&8 Step left, right, left

