

## Cha-Blige

32 Count, 4 Wall, Intermediate, Cha Cha  
Choreographer: Nancy A. Morgan (USA) June 2009  
Choreographed to: Fade Away by Mary J. Blige,  
CD: Growing Pains; It Just Comes Natural by  
George Strait, CD: It Just Comes Natural

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Start dancing on lyrics

**STEP RIGHT TO SIDE, ROCK FORWARD AND BACK, LEFT SIDE SHUFFLE,  
WALK FORWARD RIGHT, LEFT, ½ TURN BACK SHUFFLE, BACK ROCK**

- 1-2-3 Step right to side, rock left forward, recover to right
- 4&1 Step left to side, step right together, step left to side
- 2-3 Step forward, step left forward
- 4&1 Chassé back turning ½ left stepping right, left, right
- &2-3 Step left back, touch right together, step right forward

**SHUFFLE FORWARD, STEP FORWARD, TOUCH, SIDE ROCK CROSS,  
STEP BACK ¼ LEFT, STEP BACK, COASTER STEP**

- 4&1 Step left forward, step right together, step left forward
- 2-3 Step right forward, touch left together
- 4&1 Rock left to side, recover to right, cross left over right
- 2-3 Turn ¼ left (weight to right), step left back
- 4&1 Step right back, step left together, step right forward

**FORWARD PRESS ROCK, COASTER STEP, SIDE PRESS ROCK, ½ TURN TURN,  
CROSS, TOUCH, STEP, TOGETHER**

- 2-3 Rock/press left forward, recover to right and kick left forward
- 4&1 Step left back, step right back, step left forward
- 2-3 Rock right to side, recover to left and kick right diagonally forward
- 4&1 Cross right over left, turn ¼ right and step left back, turn ¼ left and step right to side
- 2-3 Cross left over right, touch right together
- 4& Step right to side, step left together