

**Feels So Good** 

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall High Beginner Level Dance. Choreographed by: Jill Weiss (USA) Aug 2022 Choreographed to: Feels So Good by Keala Settle Intro: 32 Counts. Start at approx 14 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

### SEC 1 TWIST HEELS TOES HEELS, KICK, TWIST HEELS TOES HEELS, KICK

- 1-2 Twist both heels right, twist both toes right
- 3-4 Twist both heels right kick L to left diag
- 5-6 Twist both heels left, twist both toes left
- 7-8 Twist both heels left kick R to right diag

#### SEC 2 STEP BACK WITH KICKS x 4

- 1-2 Step back R, kick L forward
- 3-4 Step back L, kick R forward
- 5-6 Step back R, kick L forward
- 7-8 Step back L, kick R forward
- **Option** Push both hands up each time you kick

### SEC 3 BUMP BACK, BUMP FORWARD, BUMP BACK, BUMP FORWARD

- 1&2 Step back on R to slight right diagonal bumping twice onto right hip
- 3&4 Rock forward on L to slight left diagonal bumping twice onto left hip
- 5&6 Rock back on R to slight right diagonal bumping twice onto right hip
- 7&8 Rock forward on L to slight left diagonal bumping twice onto left hip
- Styling Lean back with shimmy when rocking back, lean forward with shimmy when rocking forward

### SEC 4 ROCK BACK, REPLACE FORWARD, TWO 1/8 PIVOT TURNS, STOMP CLAP

- 1-2 Rock back on R, replace weight forward to L
- 3-4 Step forward on R and pivot 1/8 left (weight to left) (10:30)
- 5-6 Step forward on R, pivot 1/8 left (weight to left) (9:00)
- 7-8 Stomp R next to L, hold and clap (weight equally on both feet ready to twist)
- Option On walls 10 and 11, song says clap twice-you can clap both on count 7 and 8
- Tag At the end of Walls 2 and 6

### 1/8 TURNING JAZZ BOXES x4. STOMP CLAP

- 1-2 Cross R in front of L, step back L
- 3-4 Turn 1/8 right stepping right, step L forward (7:30)
- 5-6 Cross R in front of L, step back L
- 7-8 Turn ¼ right stepping right, step L forward (9:00)
- 1-2 Cross R in front of L, step back L
- 3-4 Turn <sup>1</sup>/<sub>8</sub> right stepping right, step L forward (10:30)
- 5-6 Cross R in front of L, step back L
- 7-8 Turn 1/8 right stomp right, hold and clap (weight on both feet) (12:00)
- Styling Shimmy

Feels So Good Continues... Page 1 of 2



Linedance Foundation, Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA.

Email: scripts@linedancerweb.com www.linedancefoundation.com www.linedancer-radio.com

Feels So Good

Continued... Page 2 of 2

# Ending

# 

- 1-2 Cross R in front o L, step back on L
- 3-4 Turn <sup>1</sup>/<sub>4</sub> right stepping right, step L forward (9:00)
- 5-6 Cross R in front o L, step back on L
- 7-8 Turn ¼ right stepping right, step L next to R (12:00)
- 1-2 Stomp R next to L, hold and clap



Linedance Foundation, Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA. Email: scripts@linedancerweb.com www.linedancefoundation.com www.linedancer-radio.com kingshilldanceholidays.com crystalbootawards.com