

**Part A: Syncopated Cross Point, Step Point 3/4 Turn**

- 1 - 2 Step right to right side, left behind right  
& 3 - 4 Quickly step right in place, crossing left over right, point right toe to right side.  
5 - 6 Cross right over left, point left toe to left side.  
7 - 8 Place left foot behind, turn 3/4 to right on right foot, step forward onto left.

**Shuffle, Syncopated Cross Point**

- 9 & 10 Left shuffle forward.  
11 - 12 Step right to right side, left behind right  
& 13 - 14 Quickly step right in place, crossing left over right, point right toe to right side.  
15 - 16 Cross right over left, point left toe to left side.

**3/4 Turn, Shuffle, Rock 1/2 Shuffle.**

- 17 - 18 Place left foot behind, turn 3/4 to right on right foot, step left forward.  
19 & 20 Left shuffle forward.  
21 - 22 Rock forward onto right, turning body 1/4 to left, rock back onto left foot.  
23 & 24 Right shuffle turning 1/2 turn to right.

**Kick And Heel, Kick And Heel, Rock 1/4 Turn.**

- 25 & 26 Kick left heel to left, step left foot in place cross right in front of left.  
27 & 28 Repeat beats 25&26.  
29 - 30 Rock forward onto left foot, back onto right.  
31 & 32 Step left behind, right to right, step right to right with 1/4 turn to right.

**Step Scuff Shuffle, Step Scuff Shuffle.**

- 33 - 34 Step right forward, scuff left foot forward  
35 & 36 Left shuffle forward  
37 - 38 Step right forward, scuff left foot forward.  
39 & 40 Left shuffle forward

**Part B : Rock 1/2 Shuffle, Step Shrug Your Shoulders.**

- 41 - 42 Rock forward onto right, rock back onto left.  
43 & 44 Right shuffle turning 1/2 turn to right.  
45 Step left forward  
46 Shrug right shoulder  
47 Shrug left shoulder.  
& 48 Both shoulders Up & Down.

**Start Again**