

Free To Run

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 64 Count 2 Wall Advanced Level Dance. Choreographed by: Fiona Murray (IRL) & Roy Hadisubroto (NL) Jul 2022 Choreographed to: Jumpin' In by Oh The Laceney Intro: 16 Counts. Start at approx 8 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 OUT OUT, HOLD, R SIDE TOUCH, L SIDE TOUCH, HOLD, WEAVE

- &1-2 Step R into R Diagonal, Step L into L diagonal, Hold
- &3 Step R to R side, Touch L next to R,
- &4-5 Step L to L Side, Touch R next to L, Hold
- 6&7&8 Cross R behind L, Step L to L side, Cross R over L, Step L to L side, Cross R behind L

SEC 2 HITCH DRAG, HOLD, R KICK BALL POINT, HOLD, ³/₄ TURN L SAILOR STEP, BALL STEP

- &1-2 Hitch L, Big step L to L side while dragging R towards L, Hold
- 3&4-5 R Kick forward, Close R next to L, Point L to L side, Hold
- 6&7 Cross L behind R, ¹/₄ Turn L Close R next to L, ¹/₄ Turn L Step L slightly forward (6:00)
- &8 1/4 Turn L Close R next to L, Step L slightly forward (3:00)

SEC 3 R SIDE MAMBO CROSS, L SIDE MAMBO CROSS, HOLD, BALL CROSS, POINT SWITCHES R&L, TOGETHER

- 1&2 Rock R to R side, Recover on L, Cross R over L
- 3&4-5 Rock L to L side, Recover on R, Cross L over R, Hold
- &6 Step R to R side, Cross L over R
- 7&8& Point R to R side, Close R next to L, Point L to L side, Close L next to R

SEC 4 DRAG WITH SHIMMY, SNAP R, DRAG WITH SHIMMY, SNAP L

- 1-3 Big step R to R side while dragging L towards R and shimmying shoulders
- 4 Lean to R side while lifting L off floor and snap R to R side
- 5-7 Big step L to L side while dragging R towards L and shimmying shoulders
- 8 Lean to L side while lifting R off floor and snap L to L side

SEC 5 SLOW GLIDE R, GLIDE L&R, SLOW GLIDE L, R CROSS, L BACK

- 1-2 Slide ball of R into R diagonal while transferring weight onto R
- 3-4 Slide ball of L into L diagonal and transfer weight onto L, Slide ball of R into R diagonal and transfer weight onto R
- 5-6 Slide ball of L into L diagonal while transferring weight onto L
- 7-8 Cross R over L, Step L backwards

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SEC 6 R BACK WITH SHAKE, L BACK WITH SHAKE, ¹/₄ TURN R STEP SIDE, HOLD SAILOR STEP

- 1-2 Step R diagonally backwards Shake both hands up, Weight stays on R Shake both hands down
- 3-4 Step L diagonally backwards Shake both hands up, Weight stays on L Shake both hands down
- 5-6 ¹/₄ Turn R Step R to R side, Put both hands out to either side, Hold (6:00)
- 7&8 Cross L behind R, Step R to R side, Step L to L side
- Restart Here on Wall 2

SEC 7 STEP HITCH, HOLD, SIDE BALL CHANGE, TOGETHER, HOLD, OUT OUT ON HEELS, BALL CLOSE

- 1-2 Step R forward, Hitch L knee
- 3&4 Hold, Rock L to L side, Recover on R
- 5-6 Close L next to R, Hold
- &7&8 Step on R heel into R diagonal, Step on L heel into L diagonal, Step R back to centre, Close L next to R
- Arms
- 1 Put both arms above head with handpalms joined
- 2 Pull hands down infront of chest with handpalms joined
- 3 Hold
- &4-5 Circle both arms out to L (counter-clockwise) with handpalms joined
- 6 Hands return infront of chest with handpalms joined

SEC 8 R BACK HITCH, L BACK R KICK FORWARD, 1/4 TURN R BALL POINT, 1/4 TURN L, FULL TURN L

- 1-2 Step R backwards, Hitch L
- 3-4 Step L backwards, Kick R forward
- &5-6 ¹/₄ Turn R Step R to R side, Point L to L side, ¹/₄ Turn L Step L forward (6:00)
- 7-8 ¹/₂ Turn L Step R backwards, ¹/₂ Turn L Step L forward (6:00)

