
Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 POINT, RETURN, POINT, RETURN, HEEL DIGS

- 1-2 Point R foot to R, Return beside L foot
3-4 Point L foot to L, Return beside R foot
5-6 Push R heel fwd, Return beside L foot
7-8 Push L heel fwd, Return beside R foot

Arms

- 1-2 R arm to R with palm flexed, R arm on lap
3-4 L arm to L with palm flexed, L arm on lap
5-6 R arm pushed fwd with palm flexed, R arm on lap
7-8 L arm pushed fwd with palm flexed, L arm on lap)

SEC 2 SWIVELS, HEELS SPLITS

- 1-2 Swivel R heel R, Swivel R heel to centre
3-4 Swivel L heel L, Swivel L heel to centre
5-6 Swivel both heels out, Return heels to centre
7-8 Swivel both heels out, Return heels to centre

Arms

Resting L hand on L thigh and holding R hand in front of torso palm facing forward

- 1-2 Swing R hand R, Swing R hand to centre & drop to thigh
3-4 Swing L hand L, Swing L hand to centre & drop to thigh
Holding arms with forearms parallel raised in front of torso & hands forming fists
5-6 Cross fists and move elbow out, uncross fists putting elbows close
7-8 Cross fists and move elbow out, uncross fists putting elbows close

SEC 3 CROSS, RETURN, CROSS, RETURN, CROSS, RETURN, CROSS, RETURN

- 1-2 Touch R foot in front of L, Return R foot beside L
3-4 Touch L foot in front of R, Return L foot beside R
5-6 Touch R foot in front of L, Return R foot beside L
7-8 Touch L foot in front of R, Return L foot beside R

Arms

- 1-2 Punch R fist fwd across torso, Draw R fist back
3-4 Punch L fist fwd across torso, Draw L fist back
5-6 Punch R fist fwd across torso, Draw R fist back
7-8 Punch L fist fwd across torso, Draw L fist back

4 Minutes

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SEC 4 DIAGONAL STEPS FWD

- 1-2 Step R fwd on R diagonal, Touch L beside R
- 3-4 Step L back on L diagonal, Step R beside L
- 5-6 Step L fwd on L diagonal, Touch R beside L
- 7-8 Step R back on R diagonal, Step L beside R

Arms

- 1-2 Raise hands up and to R, Clap
- 3-4 Lower hands to centre of torso, Clap
- 5-6 Raise hands up and to L, Clap
- 7-8 Lower hands to centre of torso, Clap

