

Cha Cha Heels

32 Count, 4 Wall, Improver

Choreographer: Larry Hayden (USA) Oct 2010
Choreographed to: Cha Cha Heels (Ralphie Rosario
Radio Edit) by Rosabel Featuring Jeanie Tracy

Start dancing on lyrics

STEP LOCK, SHUFFLE FORWARD, ROCK, SHUFFLE ½

1-2 Step right forward, lock left behind right
3&4 Chassé forward right, left, right
5-6 Rock right forward, recover to left
7&8 Shuffle turn ½ left and step left, right, left

STEP LOCK, SHUFFLE FORWARD, ROCK, SHUFFLE ¾

1-2 Step right forward, lock left behind right
3&4 Chassé forward right, left, right
5-6 Rock right forward, recover to left
7&8 Shuffle ¾ turn left stepping left, right, left

SIDE ROCK, CROSS OVER SHUFFLE TWICE, RIGHT THEN LEFT

1-2 Rock right to side, recover to left
3&4 Cross over shuffle, right, left, right
5-6 Rock left to side, recover to right
7&8 Cross over shuffle, left, right, left

HEEL GRIND ¼ TURN, COASTER TWICE, RIGHT THEN LEFT

1-2 Turn ¼ right grind right heel forward, rock back to left
3&4 Back coaster right, left, right
5-6 Turn ¼ left grind left heel forward, rock back to right
7&8 Back coaster left, right, left