

Swingin' Praise

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Choreographed by: Maddison Glover (AUS) & Shane McKeever (IRL) May 2022

Choreographed to: Praise The Lord by Breland feat Thomas Rhett

Intro: 16 Counts. Start at approx 8 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

Sequence: A, Tag 1, B, Tag 2, A, B, B, (Tag 2), A, B, A

Part A SEC 1 1&2 3&4 5&6 7&8 Option 1& 2&	CHARLESTON KICK, BACK ROCK/ RECOVER, FORWARD, LOCK SHUFFLE, PIVOT ¼, CROSS Kick R fwd, slightly hitch R knee, step R back Rock L back, recover weight fwd onto R, step L fwd Step R fwd, lock L behind R, step R fwd Step L fwd, pivot ¼ R, cross L over R
SEC 2 1-2 Arms 3-4 Arms 5&6 7&8	SIDE, CROSS, SIDE, CROSS, ¼ SCUFF, HITCH, BACK, COASTER Step R to R side, cross L over R 1) Jazz hands up into R diagonal, 2) continue jazz hands down into L diagonal/ across body Step R to R side, cross L over R 3) Jazz hands up into R diagonal, 4) continue jazz hands down into L diagonal/ across body Turn ¼ R as you scuff R heel fwd, hitch R knee up, step R back (4:30) Step L back, step R together, step L fwd
SEC 3 1& 2&3&4 Option &5&68 7-8	Turn 1/8 L as you rock R out to R side, recover weight onto L (3:00) Cross R over L, step L to L side, cross R behind L, step L to L side, cross R over L Instead of just stepping your R across you can add a R heel grind
SEC 4 1-2& 3-4& 5-6 7-8 Option	Step R fwd into R diagonal, lock L behind R, step R fwd into R diagonal Step L fwd into L diagonal, lock R behind L, step L fwd into L diagonal Step R fwd, pivot ½ over L (12:00) Turn ½ L stepping R back, turn ½ L stepping L fwd (12:00)

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Part B	
SEC 1	KICK, FORWARD, LOCK, FORWARD, SIDE ROCK/ RECOVER, CROSS, LUNGE, RECOVER 1/4, FULL TURN
1&2&	Kick R fwd into R diagonal, step R fwd into R diagonal, lock L behind, step R fwd into R diagonal
3&4	Rock L out to L side, recover weight onto R, cross L over R
5-6	Lunge R out to R side, recover weight onto L as you turn ¼ L (9:00)
7-8	Turn ½ L stepping R back, turn ½ L stepping L fwd (9:00)
SEC 2	1/4 LUNGE/ RECOVER, CROSS SHUFFLE, SIDE ROCK/RECOVER, CROSS, BACK, TOGETHER, KNEE POP
1-2	Turn ¼ L as you lunge R out to R side, recover weight onto L (6:00)
3&4	Cross R over L, step L to L side, cross R over L
5&6	Rock L out to L side, recover weight onto R, cross L over R
&7	Turn 1/2 L stepping R back, step L together (4:30)
88	Pop both knees fwd as you raise heels up, straighten knees as you lower heels to floor
SEC 3	WALK FORWARD X2, ANCHOR STEP, ½ TURN, ½ SIDE, BEHIND, SIDE CROSS
1-2	Walk R fwd, walk L fwd
3&4	Lock R behind L, transfer weight onto L, step R slightly back
5-6	Make ½ turn L stepping L fwd, turn ½ L stepping R to R side (9:00)
7&8	Cross L behind R, step R to R side, cross L over R
SEC 4	ROCK/ RECOVER, BEHIND, SIDE, CROSS, LUNGE, RECOVER, 3/4 TRIPLE
1-2	Rock/ press R fwd into R diagonal, recover back onto L
3&4	Cross R behind L, step L to L side, cross R over L
5-6	Rock L out to L side, recover weight onto R
7&8	3/4 "hinge turn" L as you triple stepping L, R, L (12:00)
Tag 1	
	V STEP
1-2	Step R out, step L out
3-4	Step R back, step L together
Tag 2	
	V STEP, 2X PIVOTS
1-2	Step R out, step L out
3-4	Step R back, step L together
5-6	Step R fwd, pivot ½ L
7-8	Step R fwd, pivot ½ L

