
Remember to Vote for your favourite dances in the Linedancer Charts.

- SEC 1 ROCK BACK, RECOVER, TOUCH, STEP, TOUCH, STEP, ROCK BACK, RECOVER, TOUCH, STEP, FORWARD, PIVOT ½ L TURN, TOUCH, STEP, FORWARD, PIVOT ½ R TURN**
- 1&2& Rock back onto L, Recover forward onto R, Touch L toe beside R, Step L in place
3&4& Touch R toe beside L, Step R in place, Step L back, Recover forward onto R
5&6& Touch L toe forward, Step L in place, Step R forward, Pivot ½ L Turn onto L (6:00)
7&8& Touch R toe forward, Step R in place, Step L forward, Pivot ½ R turn onto R (12:00)
- SEC 2 TOUCH, STEP, ROCK BACK, RECOVER, TOUCH, STEP, ROCK BACK, RECOVER, TWIST HEELS L, R, L, LIFT R, TWIST HEELS R, L, R LIFT L**
- 1&2& Touch L toe to L, Step L in place, Rock back onto R, Recover forward onto L
3&4& Touch R toe to R, Step R in place, Rock back onto L, Recover forward onto R
5&6& Step L slightly forward, feet apart & Twist both heels to the L, then R, then L & Flick R back
7&8& Step R slightly back, feet apart & Twist both heels to the R, then L, then R & Flick L back
- SEC 3 TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TWIST HEELS**
- 1&2& Touch L toe forward, Step L beside R, Touch R toe forward, Step R beside L
3&4& Touch L toe forward, Step L beside R, Touch R toe forward, Step R beside L
5&6& Twist both heels L, R, L, R
7&8& Twist both heels L, R, L, R
- SEC 4 ¼ L TURN, ¼ L TURN, ¼ L TURN, ¼ L TURN, TWIST HEELS L, R, L, LIFT R, TWIST HEELS R,L R, LIFT L**
- 1&2& Touch L toe to L making ¼ L, Step L in place, Touch R toe forward making ¼ L (6:00)
3&4& Touch L toe forward making ¼ L, Step L in place, Touch R toe forward making ¼ L (12:00)
5&6& Step L slightly forward, feet apart & Twist both heels to the L, then R, then L & Flick R back
7&8& Step R slightly back, feet apart & Twist both heels to the R, then L, then R & Flick L back