

A Little Bit Of Nothing

32 Count, 2 Wall, Intermediate, Samba

Choreographer: Ronald "Ronnie" Grabs (USA) Apri. 2014

Choreographed to: Mas Que Nada by Black Eyed Peas & Sergio Mendes; Happy (Spiritual South Go Happy In Rio Edit)

Special Cut by Max Sedgley

Start dancing on lyrics

SIDE-BACK ROCK, SIDE-BACK ROCK, SIDE-¼ LEFT BACK ROCK, FORWARD STEP-BACK ROCK

- 1a2 Step right side, cross/rock left behind, recover to right
- 3a4 Step left side, cross/rock right behind, recover to left
- 5a6 Step right side, turn ¼ left and rock left back, recover to right
- 7a8 Step left forward, rock right back, recover to left

CROSS-¼ RIGHT SIDE ROCK, CROSS-SIDE ROCK, ½ RIGHT VOLTAS

- 1a2 Cross right over, turn ¼ right and rock left side, recover to right
- 3a4 Cross left over, rock right side, recover to left
- 5 Turn ¼ right and cross right over
- a6 Step left side, turn 1/8 right and cross right over
- a7 Step left side, turn 1/8 right and cross right over
- a8 Step left side, cross right over

CROSS-SIDE ROCK, CROSS-SIDE ROCK, CLOSE-BACK ROCK, CLOSE-BACK ROCK

- 1a2 Cross left over, rock right side, recover to left
 - 3a4 Cross right over, rock left side, recover to right
 - 5a6 Step left together, rock right back, recover to left
 - 7a8 Step right together, rock left back, recover to right
- Option for 5-8: rock left forward, recover to right, step left back, rock right back, recover to left, step right forward

FORWARD WALK-WALK, FORWARD MAMBO ROCK STEP, TRIPLE TURN ½ LEFT, VOLTA TURN ½ LEFT

- 1-2 Step left forward, step right forward
- 3a4 Rock left forward, recover to right, step left back
- 5a6 Step right back, turn ¼ left and step left side, turn ¼ left and step right forward
- 7a8 Turn ¼ left and cross left over, step right diagonally forward, turn ¼ left and cross left over