

C'est La Vie

32count, 4 wall, beginner level

Choreographer : Chris Peel (UK) Sep 01

Choreographed to : C'est La Vie by Bob Seger on
"Greatest Hits" album BPM:152

Note: Begin dance on the word "teen" from the sentence: "It was a teen age wedding ..." at the start of the track

STEP, KICK (Leading right, then left) twice

Moving forward

- 1-2 Step right forward, kick left diagonally across right
- 3-4 Step left forward, kick right diagonally across left
- 5-6 Step right forward, kick left diagonally across right
- 7-8 Step left forward, kick right diagonally across left

RIGHT TOE STRUT FORWARD, ¼ TURN LEFT TOE STRUT, twice

- 9-10 Touch right toe forward, step right heel taking weight
- 11-12 Touch left toe ¼ turn left, step left heel taking weight
- 13-14 Touch right toe forward, step right heel taking weight
- 15-16 Touch left toe ¼ turn left, step left heel taking weight

SIDE, TOGETHER, ¼ TURN, HOP/HITCH (Leading right, then left)

- 17-18 Side step right, step left beside right,
- 19-20 Step ¼ turn right, hop on right whilst hitching left
- 21-22 Side step left, step right beside left
- 23-24 Step ¼ turn left, hop on left whilst hitching right

BACK, BACK, KICK, TWIST/HITCH. BACK, HEELTOUCH, TOGETHER, TOUCH

- 25-26 Step right back, step left back
- 27-28 Kick right forward, twist left ¼ turn to left whilst hitching right
- 29-30 Step right back, touch left heel diagonally forward
- 31-32 Step left beside right, touch right in place.

REPEAT