

The Ties That Bind

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Beginner Level Dance.
Choreographed by: Myra Harrold (UK) Feb 2022
Choreographed to: She's Got A Single Thing In Mind by Jeff Bates
Intro: 32 Counts. Start at approx 19 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	CROSS ROCK, CHASSE R, ROCK FWD, SHUFFLE BACK
1-2	Cross rock RF over LF, recover to LF
3&4	RF to R, close LF to RF, RF to R
5-6	Rock LF fwd, recover to RF
7&8	LF back, close RF to LF, LF back
SEC 2	BACK ROCK, ½ SHUFFLE, WALK BACK X 2, TOE BACK, ½
1-2	Rock RF back, recover to LF
3&4	Pivot ¼ L RF to R, close LF to RF, pivot ¼ L RF back (6:00)
5-6	Walk back 2 steps LF, RF
7-8	Point L toe back, pivot ¼ L, transfer weight to LF (3:00)
SEC 3	CROSS ROCK, SIDE ROCK, ¼, BACK, POINT, FWD, POINT
1-2	Cross rock RF over LF, recover to LF
3-4	Rock RF to R, pivot 1/4 R, LF back (6:00)
5-6	RF back, point L toe to L
7-8	LF fwd, point R toe to R
Restart	Here on Walls 5 & 10
SEC 4	KNEE IN, TURN ¼ , BACK ROCK, RECOVER, ¼ PIVOT X 2
1-2	R knee in, pivot ¼ R R toe pointed fwd (9:00)
3-4	RF rock back, recover to LF
5-6	RF fwd, pivot ¼ L, weight to LF (6:00)
7-8	RF fwd, pivot ¼ L, weight to LF (3:00)

