
Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 ROCK, RECOVER, SHUFFLE BACK, ROCK, RECOVER, SHUFFLE FORWARD

- 1-2 Rock R forward, recover onto L
3&4 Shuffle back stepping R, L, R
5-6 Rock back on L, recover onto R
7&8 Shuffle forward stepping L, R, L

SEC 2 SIDE ROCK, SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE ½ TURN

- 1-2 Rock R to right side, recover onto L (sway hips right & left as you side rock)
3&4 Shuffle forward stepping R, L, R
5-6 Rock L forward, recover onto R
7&8 Triple ½ turn left stepping L, R, L (6:00)

Option Shuffle back L, R, L

SEC 3 SHUFFLE ½ TURN, TURN ¼ SHUFFLE SIDE, CROSS OVER, STEP BACK, SIDE SHUFFLE RIGHT

- 1&2 Triple ½ turn left stepping R, L, R (12:00)

Option Shuffle back R, L, R

- 3&4 Turning ¼ left side shuffle stepping L, R, L (9:00)

- 5-6 Cross step R over L, step L back

- 7&8 Side shuffle to the right stepping R, L, R

SEC 4 CROSS OVER, STEP SIDE, SAILOR, BEHIND, ¼ TURN STEP, WALK, WALK

- 1-2 Step L over R, step R to right side

- 3&4 Step L behind R, step R to side, step L next to R

- 5-6 Step R behind L, turning ¼ left step L forward (6:00)

- 7-8 Walk forward stepping R, L