

Lifelines

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 2 Wall Low Improver Level Dance. Choreographed by: Sebastiaan Holtland (NL) Jan 2022 Choreographed to: Lifelines by Westlife Intro: 16 Counts. Start at approx 13 secs.

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SEC 1 SYNCOPATED WEAVE ¼ TURN, STEP SWEEP, CROSS, SIDE, BACK ROCK, ¼ TURN, BACK ROCK

- 1-2& Step RF to R, Step LF behind RF, Make 1/4 turn R step RF to R (3:00)
- 3 Step LF fwd and sweep RF From back to front
- 4& Step RF across LF, Step LF to L
- 5-6& Rock RF back, Recover back onto LF, Make ¹/₄ turn L step RF back (12:00)
- 7-8 Rock LF back, Recover back onto RF

SEC 2 SYNCOPATED WEAVE, STEP SWEEP, CROSS, SIDE, BACK ROCK, ¼ TURN, BACK ROCK

- 1-2& Step LF to L, Step RF behind LF, Step LF to L
- 3 Step RF fwd and sweep LF From back to front
- 4& Step LF across RF, Step RF to R
- 5-6& Rock LF back, Recover back onto RF, Make ¹/₄ turn R step LF back (3:00)
- 7-8 Rock RF back, Recover back onto LF

SEC 3 BASIC NIGHTCLUB, SIDE, BACK ROCK 1/4 TURN, BASIC NIGHTCLUB, STEP 1/4 TURN, TOUCH TOGETHER

- 1-2& Step RF to R, Drag LF together RF, Step RF across LF
- 3-4& Step LF big to L, Rock RF back, Make ¹/₄ turn L recover back onto LF (12:00)
- 5-6& Step RF to R, Drag LF together RF, Step RF across LF
- 7-8 Make 1/4 turn L step LF fwd, Touch RF beside LF (9:00)

SEC 4 SYNCOPATED WEAVE, STEP SWEEP, CROSS, SIDE, BACK, HOLD, STEP LOCK STEP 1/4

- 1-2& Step RF to R, Step LF behind RF, Step RF to R
- 3 Step LF fwd and sweep RF From back to front
- 4& Step RF across LF, Step LF to L
- 5-6 Step RF back, Hold (free styling movements)
- 7&8 Make ¹/₄ turn L step LF fwd, Lock RF behind LF, Step LF fwd (6:00)

