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**Remember to Vote** for your favourite dances in the Linedancer Charts.

**Sequence:** A, B, A, B, A (32 Counts), B, B

### Part A

- SEC 1 SIDE, CLOSE, FORWARD, CHA CHA FORWARD, FORWARD, PIVOT ½ R, START SHUFFLE ½ TURN R**
- 1-2 Step LF to L side, Close RF next to L  
3-4& Step forward on LF, Step forward on RF, Close LF behind RF  
5-6 Step forward on RF, Step forward on LF  
7-8& Make a ½ pivot turn R, Make a ¼ turn R and step LF to L side, Cross RF in front of LF (9:00)
- SEC 2 FINISH SHUFFLE ½ TURN R, ROCK BACK, RECOVER, FULL TURN L, ¼ TURN L, HEEL BOUNCE (KNEE POP)**
- 1-2 Make a ¼ turn R and step back on LF, Rock back on RF (12:00)  
3-4 Recover onto LF, Make a ½ turn L and step back on RF (6:00)  
5-6 Make a ½ turn L and step forward on LF, Step forward on RF (12:00)  
7&8 Make a ¼ turn L, Lift heels of both feet popping Knees forward, Return Heels to floor (9:00)
- SEC 3 SYNCOPATED WEAVE TO L, MODIFIED JAZZ BOX WITH ¼ TURN R**
- 1-2& Cross RF over LF, Hold, Step LF to L side  
3-4& Cross RF behind LF, Hold, Step LF to L side  
5-6 Cross RF over LF, Step back on LF  
7-8 Make a ¼ turn R and step RF to R side, Step forward on LF (12:00)
- SEC 4 R MAMBO FORWARD, L MAMBO BACK, PIVOT ½ L, WALK R, L**
- 1&2 Rock forward on RF, Recover onto LF, Step slightly back on RF  
3&4 Rock back on LF, Recover onto RF, Step slightly forward on LF  
5-6 Step forward on RF, Make a ½ pivot turn L (6:00)  
7-8 Step forward on RF, Step forward on LF
- Restart** Here on 3rd Part A, Restart with Part B
- SEC 5 ROCKING CHAIR WITH RF, FORWARD, PIVOT ½ L, ¼ TURN L, SWEEP**
- 1-2 Rock forward on RF, Recover onto LF  
3-4 Rock back on RF, Recover onto LF  
5-6 Step forward on RF, Make a ½ turn pivot L (12:00)  
7-8 Make a ¼ turn L and step RF to R side, Sweep LF around to back (9:00)
- SEC 6 BEHIND, ¼ TURN R, FORWARD, PIVOT ½ R, WALK L, R, L, TOUCH**
- 1-2 Cross LF behind RF, Make a ¼ turn R and step forward on RF (12:00)  
3-4 Step forward on LF, Make a ½ turn pivot R (6:00)  
5-6 Step forward on LF, Step forward on RF  
7-8 Step forward on LF, Touch RF next to LF

**Don't You Hold Me Down**  
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## Don't You Hold Me Down

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### Part B

#### **SEC 1 QUICK VINE R, TOUCH L BEHIND RF, ROLLING VINE L, TOUCH RF BEHIND L**

- 1&2& Step RF to R side, Cross LF behind RF, Step RF to R side, Cross LF over RF  
3-4 Step RF to R side, Touch LF behind RF  
5-6 Make a ¼ turn L and step forward on LF, Make a ½ turn L and step back on RF (9:00)  
7-8 Make a ¼ turn L and step LF to L side, Touch RF behind LF (6:00)

#### **SEC 2 SIDE SWITCHES R, L, R, HITCH, TOUCH R, STEP, PIVOT ½ L, FULL TURN L**

- 1&2& Touch RF to R side, Close RF next to LF, Touch LF to L side, Close LF next to RF  
3&4 Touch RF to R side, Hitch R knee, Touch RF to R side  
5-6 Step forward on RF, Make a ½ turn pivot L (12:00)  
7-8 Make a ½ turn L and step back on RF, Make a ½ turn L and step forward on LF (12:00)

#### **SEC 3 WALK, R, L, LITTLE JUMP FORWARD, PUSH HIPS BACK, L MAMBO WITH ¼ TURN L, PUSH, PULL WITH KICK**

- 1-2& Step forward on RF, Step forward on LF, Step forward on RF  
3-4 Close LF next to RF, Push Hips back (make sure weight is on RF and that your weight is forward slightly)  
5&6 Rock forward on LF, Recover onto RF, Make a ¼ turn L and Step LF to L side (9:00)  
7 Push R hand forward palm facing the wall,  
8 Pull R hand back in and Close RF next to LF at the same time Kick LF to L side

**Note** Almost like the LF has been knocked out to the L)

#### **SEC 4 CROSS, SIDE ROCK, RECOVER, CROSS, SIDE, BEHIND, ¼ TURN L, FORWARD, HOLD, ½ TURN L**

- 1&2 Cross LF over RF, Rock RF to R side, Recover onto LF  
3-4 Cross RF over LF, Step LF to L side  
5&6 Cross RF behind LF, Make a ¼ turn L and step forward on LF, Step forward on RF (6:00)  
7-8 Hold, Make a ½ turn L ending with weight back on RF (now facing 12:00)

**Note** When you dance the Double B you will need to change the weight onto your LF on count 8 to start B again

