



Celtic Knot

192 count, 2 wall, advanced level

Choreographer: Glynn Rodgers (AppleJack)
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Choreographed to: Deanie Celtic Mix by The Dean Brothers

Intro/Count In: 32 Counts Dance Sequence - A, B, A, B, C, Bridge A, Bridge B, A, A

SECTION A

1-8 – Syncopated Heel Switches.

- 1-2: Dig right heel forward twice.
- &3: Step right in place and dig left heel forward.
- 4: Dig left heel forward.
- &5: Step left in place and dig right heel forward.
- &6: Step right in place and dig left heel forward.
- &7: Step left in place and dig right heel forward.
- 8: Dig right heel forward.

9-16: Syncopated Toe Switches (Moving Back).

- &1: Step right in place and touch left toe over right.
- &2: Step left in place, and touch right toe over left.
- &3: Step right in place and touch left toe over right.
- 4: Touch left toe over right.
- &5: Step left in place, and touch right toe over left.
- &6: Step right in place and touch left toe over right.
- &7: Step left in place, and touch right toe over left.
- 8: Touch right toe over left.

17-24: Samba Right, Point, Together, Walks, And Mambo.

- 1&2: Rock right to right side, recover weight onto left, cross right over left.
- 3-4: Point left to left side, touch left beside right.
- 5-6: Walk forward, left, right.
- 7&8: Rock forward left, recover weight onto right, step left beside right.

25-32: Lock Back, Sweep Turn, Lock Back, And Sweep Turn.

- 1&2: Step back right, cross left over right, step back right.
- 3-4: Sweep left leg out to left side turning a 1/2, close left to right.
- 5&6: Step back right, cross left over right, step back right.
- 7-8: Sweep left leg out to left side turning a 1/2, close left to right.

SECTION B

1-8: Point & Point, Step, Touch, Lock Back, Sailor Step.

- 1&2: Point right to right side, close right to left, point left to left side.
- &3: Close left to right, step forward right.
- 4: Touch left beside right.
- 5&6: Step back left, cross right over left, step back left.
- 7&8: Cross right behind left. Step left to left side. Step right to place.

9-16: Sailor 1/4 Point & Cross, Samba, Chasse.

- 1&2: Step left behind right turning 1/4 left, step right to right side, step left to place.
- 3&4: Point right to right side, step right in place, cross left over right.
- 5&6: Step right to right side, close left to right, cross right over left.
- 7&8: Step left to left side, close right to left, step left to left side.

17-24: Rock Back, Recover, Chasse, Coaster Turn, Stomp, Stomp.

- 1-2: Rock back right, recover weight onto left.
- 3&4: Step right to right side, close left to right, step right to right side.
- 5&6: Step back left turning 1/4 left, close right to left, step forward left.
- 7-8: Stomp forward right, stomp left behind right.

25-32: Stomp, Stomp, Heel Swivels.

- 1-2: Stomp forward right, stomp left behind right.
 - 3&4: Swivel both heels – out, in, out.
 - 5-6: Swivel both heels – in, out.
 - 7&8: Swivel both heels – in, out, in.
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SECTION C

1-8: Heel, Toe, Shuffle, Rock, Recover, Touch unwind.

- 1-2: Dig right heel forward, touch right toe back.
- 3&4: Step forward right, close left to right, step forward right.
- 5-6: Rock forward left, recover weight onto right.
- 7-8: Touch left toe back, unwind 1/2 left.

9-16: Heel, Toe, Shuffle, Rock, Recover, Touch unwind.

- 1-2: Dig right heel forward, touch right toe back.
- 3&4: Step forward right, close left to right, step forward right.
- 5-6: Rock forward left, recover weight onto right.
- 7-8: Touch left toe back, unwind 1/2 left.

17-24: Weave left, point, weave right, point.

- 1-2: Cross right over left, step left to left side.
- 3-4: Step right behind left, point left to left side.
- 5-6: Cross left over right, step right to right side.
- 7-8: Step left behind right, point right to right side.

25-32: Sailor, Sailor 1/4, Heels and Points.

- 1&2: Step right behind left, step left to left side, step right in place.
- 3&4: Step left behind right turning a 1/4 left, step right to right side, step left in place.
- 5&6: Dig right heel forward, step right in place, dig left heel forward.
- &7: Step left in place, point right to right side.
- &8: Step right in place, and point left to left side.

33-40: Weave Right, Point, Weave Left, Point.

- 1-2: Cross left over right, step right to right side.
- 3-4: Step left behind right, point right to right side.
- 5-6: Cross right over left, step left to left side.
- 7-8: Step right behind left, point left to left side.

41-48: Cross, Turn, Shuffle Back, Rock, Recover, Shuffle.

- 1-2: Cross left over right, step back right turning a 1/4 left.
- 3&4: Step back left, close right to left, step back left.
- 5-6: Rock back right, recover weight onto left.
- 7&8: Step forward right, close left to right, step forward right.

49-56: Rock, Recover, Shuffle 1/2, Rock, Recover, Coaster Step.

- 1-2: Rock forward left, recover weight onto right.
- 3&4: Step back left turning 1/4 left, Step back left turning 1/4 left.
- 5-6: Rock forward right, recover weight onto left.
- 7&8: Step back right, close left to right, step forward right.

57-64: Rock, Recover, Coaster Step, Pivot Turn, Stomp, Stomp.

- 1-2: Rock forward left, recover weight onto right.
- 3&4: Step back left, close right to left, step forward left.
- 5-6: Step forward right, turn 1/2 over the left shoulder.
- 7-8: Stomp forward right, left.

BRIDGE A

1-8: Rock Forward, Side, Back, Side & Together.

- 1-2: Rock forward right, recover weight onto left.
- 3-4: Rock right to right side, recover weight onto left.
- 5-6: Rock right back, recover weight onto left.
- 7&8: Rock right to right, recover weight onto left, close right to left.

9-16: Rock Forward, Side, Back, Side & Together.

- 1-2: Rock forward left, recover weight onto right.
- 3-4: Rock left to left side, recover weight onto right.
- 5-6: Rock back left, recover weight onto right.
- 7&8: Rock left to left side, recover weight onto right, close left to right.

17-24: Monterey Turn, Heel, Toe, Shuffle Forward.

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- 1-2: Touch right to right side, on ball of left make 1/2 turn right, stepping right beside left.
3-4: Touch left to left side, Step left beside right.
5-6: Dig right heel forward, touch right toe back.
7&8: Step forward right, close left to right, step forward right.

25-32: Monterey Turn, Heel, Toe, Shuffle Forward.

- 1-2: Touch left to left side. On ball of right make 1/2 turn left, stepping left beside right.
3-4: Touch right to right side. Step right beside left.
5-6: Dig left heel forward, touch left toe back.
7&8: Step forward left, close right to left, step forward left.

33-40: Rock, Recover, Coaster Step, Rock, Recover, Shuffle Turn.

- 1-2: Rock forward right, recover weight onto left.
3&4: Step back right, close left to right, step forward right.
5-6: Rock forward left, recover weight onto right.
7&8: Step back left turning 1/4 left, close right to left, step back left turning 1/4 left.

41-48: Rock, Recover, Coaster Step, Rock, Recover, Shuffle Turn.

- 1-2: Rock forward right, recover weight onto left.
3&4: Step back right, close left to right, step forward right.
5-6: Rock forward left, recover weight onto right.
7&8: Step back left turning 1/4 left, close right to left, step back left turning 1/4 left.

BRIDGE B

1-8: Point Cross x4

- 1-2: Point right to right side, cross right over left.
3-4: Point left to left side, cross left over right.
5-6: Point right to right side, cross right over left.
7-8: Point left to left side, cross left over right.

9-16: Full Monterey Turn.

- 1-2: Touch right to right side, on ball of left make 1/2 turn right, stepping right beside left.
3-4: Touch left to left side, Step left beside right.
5-6: Touch right to right side, on ball of left make 1/2 turn right, stepping right beside left.
7-8: Touch left to left side, Step left beside right.