

HEEL STANDS, BACK SKIPS, SHUFFLE

- & 1,2 Hop onto left foot, stand forward on right heel, step on left foot
& 3,4 Hop onto right foot, stand forward on left heel, step on right foot
& 5 & 6 Hop onto right foot, drop left foot behind right foot, hop onto left foot, drop right foot behind left foot
& 7 & 8 Quickly hitch left foot in front of right knee, shuffle forward left-right-left

SHUFFLES X4 WITH KNEE HITCHES, FULL CIRCLE RIGHT

- & 9 & 10 Quickly hitch right foot in front of left knee, shuffle right-left-right (circling right)
& 11 & 12 Hitch left foot in front of right knee, shuffle left-right-left
& 13 & 14 Repeat right foot shuffle with hitch and repeat left foot
& 15 & 16 Shuffle with hitch. You have now completed a full circle

STOMP, KICK, ROCK STEP, TOE, HEEL, HEEL JACK LEFT

- 17 - 18 Stomp forward right foot, kick right leg out 2 o'clock
19 - 20 Rock back on right foot, step on left foot
21 - 22 "Sugarfoot" touch right toe in, touch right heel out
& 23 "Heel Jack" quickly hop onto right foot, step left foot behind right foot
& 24 Quickly hop back onto right foot, touch left heel forward 10 o'clock

HEEL JACK RIGHT, BALL CROSS, 1/4 TURN RIGHT

- & 25 Quickly hop onto left foot, step right foot behind left foot
& 26 Quickly hop back onto left foot, touch right heel forward 2 o'clock
& 27 Hop onto right foot, cross left ball of left foot over right
28 Swivel on balls of feet 1/4 turn right

KICK BALL-CHANGE, STEP, 1/2 TURN LEFT

- 29 & Right foot kick forward; right foot step on ball of foot
30 Left foot step next to right foot
31 - 32 Step forward on right foot, pivot 1/2 turn left onto left foot

REPEAT