

Slow Down Summer

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Choreographed by: Lynne Martino (USA) & Jill Weiss (USA) Nov 2021

Choreographed to: Slow Down Summer by Thomas Rhett

Intro: 16 Counts. Start at approx 15 secs.

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SEC 1	NC BASIC, STEP SIDE ROCK BACK REPLACE, 2 PRISSY STEPS, CROSS ROCK SIDE ROCK
1-2&	Long step R to right, rock back on L, replace to R
3-4&	Step L to left, rock straight back on R, replace forward to L
5-6	Cross step R in front of L, cross step L in front of R
7&8&	Cross rock R in front of L, replace back to L, rock R to right, replace to L
Restart	Here on Walls 3 and 6 (drag R next to L with touch on final count "&" to prep for NC Basic)
SEC 2	TWO SAILORS TRAVELING BACK, STEP BACK SWEEPS, ROCK BACK, 1/4 SIDE, CLOSE
1&2	Step R behind L, rock L to L, replace to R
3&4	Step L behind R, rock R to R, replace to L (traveling back)
5-6	Step back on R sweeping L front to back, step back on L sweeping R front to back
7&	Rock back on R, replace forward to L
8&	Turn ¼ left stepping side R, close L next to R slightly angling body to left diagonal (9:00)
SEC 3	CROSS $1/4$ $1/4$ HINGE TURN, CROSS $1/4$ $1/4$ HINGE TURN, CROSS SIDE, MODIFIED SAILOR
1-2&	Cross R over L (prep for right turn), turn ¼ R stepping back on L, turn ¼ R stepping side R (3:00)
3-4&	Cross L over R (prep for left turn), turn ¼ L stepping back on R, turn ¼ L stepping side L (9:00)
5-6	Step R in front of L, step L to left
7&8&	Step R behind L, rock L to left, replace to R, step L behind R
Option	1-4
1-2&	Cross R over L step side L step R behind L step side L
3-4&	Cross R over L step side L
SEC 4	1/4 STEP, TWO STEPS FORWARD, RUN $1/2$, TOUCH R BEHIND, UNWIND FULL TURN, NC BASIC
1-2	Turn ¼ right stepping R forward step L forward (12:00)
3&4&	Run 4 steps in a right arc R-L-R-L (over rotate final L step a little) (6:00)
5-6	Touch R toe behind L heel and unwind one full rotation right ending weight R
Note	Counts 3-6 should feel like one continuous 1 ½ turn right
7-8&	Long step L to left, rock back on R, replace to L
Ending	Ends on Wall 10, Dance through and including count 6 of the second set of 8 Finish at 12:00 with the following steps
7&8&1	Rock back on R, replace weight forward to L, step forward R, pivot ½ L, step forward on R

