

Holiday Stretchy Pants

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Choreographed by: Liz Atkinson (USA) Nov 2021
Choreographed to: Stretchy Pants by Carrie Underwood
Intro: 16 Counts. Start at approx 9 secs.

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SEC I	CROSSING SHUFFLE, BUMP L-R, CROSSING SHUFFLE, BUMP R-L
1&2	Cross RF over LF, step LF close behind RF, cross RF over LF
3-4	(Placing LF to L side) Bump hips L-R
5&6	Cross LF over RF, step RF close behind LF, cross LF over RF
7-8	(Placing RF to R side) Bump hips R-L
SEC 2	COASTER STEP, ½ PIVOT R, TAP (BUMP), HOLD, AND TAP (BUMP), HOLD
1&2	Step RF back, step LF beside RF, step RF fwd
3-4	Step LF fwd, turn ½ R with weight ending on RF (6:00)
5-6&	Tap LF fwd bumping hips fwd, hold, step LF center
7-8	Tap RF fwd bumping hips fwd, hold
Restart	Here on Walls 4, 8, and 11
SEC 3	SAILOR STEP, CROSS, SIDE, SAILOR ¼ L, WALK R-L
1&2	Step RF behind LF, step LF to L side, step RF to R side
3-4	Cross LF over RF, step RF to R side
5&6	Step LF behind RF, turn ¼ L stepping RF to R side, step LF fwd (3:00)
7-8	Step RF fwd, step LF fwd
SEC 4	JUMP FWD OUT-OUT, HOLD, JUMP BACK TOGETHER, HOLD, V-STEP
&1-2	Jump fwd out-out RF-LF, hold
&3-4	Jump back feet together RF-LF, hold
5-6	Step RF diagonal fwd, step LF diagonal fwd
7-8	Step RF back to center, step LF beside RF
Ending	On wall 14, dance 16 counts to 3:00 and turning 1/4L, step RF to R side posing to 12:00

