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112 Count 1 Wall Phrased High Intermediate Level Dance.  
Choreographed by: Alison Biggs (UK), Peter Metelnick (UK)  
& Jo Kinser (UK) Nov 2021  
Choreographed to: Aloha Wari Boom by La Banda Del Diablo  
Intro: 1 Counts. Start at approx 2 secs.

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**Sequence:** A, B, B, C, C, A, B, B, C, C, A

- Part A** Feel The Rhythm Around The Room-32 counts-once only each time
- SEC 1** **FWD, ¼ PIVOT TURN, HOLD/CLAP HANDS 3 TIMES, FWD, ¼ PIVOT TURN, HOLD/CLAP HANDS 3 TIMES**
- 1-2 Step R forward, pivot ¼ left (9:00)  
3&4 Hold with weight on L and clap your hands 3 times  
5-6 Step R forward, pivot ¼ left (6:00)  
7&8 Hold with weight on L and clap your hands 3 times
- SEC 2** **FWD, ¼ PIVOT TURN, HOLD/CLAP HANDS 3 TIMES, FWD, ¼ PIVOT TURN, HOLD/CLAP HANDS 3 TIMES**
- 1-2 Step R forward, pivot ¼ left (9:00)  
3&4 Hold with weight on L and clap your hands 3 times  
5-6 Step R forward, pivot ¼ left (6:00)  
7&8 Hold with weight on L and clap your hands 3 times
- SEC 3** **STOMP SIDE, HOLD, STOMP SIDE, HOLD SHAKING HIPS AT THE SAME TIME, HEEL SWITCHES**
- 1-2 Stomp R to right side shaking your hips, hold  
3-4 Stomp L to left side shaking your hips, hold  
5&6& Touch R heel forward, step R together, touch L heel forward, step L together  
7&8& Touch R heel forward, step R together, touch L heel forward, step L together
- SEC 4** **STOMP SIDE, HOLD, STOMP SIDE, HOLD SHAKING HIPS AT THE SAME TIME, HEEL SWITCHES**
- 1-2 Stomp R to right side shaking your hips, hold  
3-4 Stomp L to left side shaking your hips, hold  
5&6& Touch R heel forward, step R together, touch L heel forward, step L together  
7&8& Touch R heel forward, step R together, touch L heel forward, step L together
- Part B** Aloha!-32 counts-Always dance B twice
- SEC 1** **HEEL GRIND, BACK, TOG, SIDE, TOG, SIDE, TOUCH**
- 1-2 Touch R heel forward grinding it from left to right over 2 counts  
3-4 Step R back, step L together
- Arms** 1-4 From waist level with hands crossed, palms facing inwards, circle both arms up crossing in front of body, and then above your head and then as you come down with outstretched arms, palms now outwards bring back down to waist level
- 5-6 Step R side, step L together  
7-8 Step R side, touch L together
- Arms** 5-8 Lift both arms up and out to the right shoulder level make waves out to the right with your arms and fingers twice

**Polynesia**

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## Polynesia

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### SEC 2 HEEL GRIND, BACK, TOG, SIDE, TOG, SIDE, TOUCH

1-2 Touch L heel forward grinding it from right to left over 2 counts

3-4 Step L back, step R together

**Arms** 1-4 From waist level with hands crossed, palms facing inwards, circle both arms up crossing in front of body, and then above your head and then as you come down with outstretched arms, palms now outwards bring back down to waist level

5-6 Step L side, step R together

7-8 Step L side, touch R together

**Arms** 5-8 Lift both arms up and out to the right shoulder level make waves out to the right with your arms and fingers twice

### SEC 3 HIP SWAY R/L/R/L/R/L SINGLE OR DOUBLE TIME

1-4 Sway hips R, L, R, L

**Arms** At shoulder level extend R arm forward pointing fingers out with palm downwards, keeping R arm in place extend L arm forward pointing fingers out with palm downwards

5-8 Sway hips R, L, R, L

**Arms** Bringing R arm back to shoulder level push and extend R arm to R side pushing palm of hand out, bringing L arm back to shoulder level push and extend L to L side pushing palm out

### SEC 4 HIP SWAY 8 R/L/R/L SINGLE OR DOUBLE TIME, FWD ROCK/RECOVER ¼ TURN, ¼ FWD, FWD

1-4 Sway hips R, L, R, L

**Arms** At shoulder level extend R arm forward pointing fingers out with palm downwards, keeping R arm in place extend L arm forward pointing fingers out with palm downwards

5-6 Rock R forward, recover weight on L turning ¼ right

7-8 Turn ¼ right step R forward, step L forward (6:00)

**Arms** Hairbrush Raise your R arm above your head, with the palm of your hand on your hair make a circle anti-clockwise like you are brushing your hair and bring it down to your side as you turn to the opposite wall

**Part C** Wari Wari Boom Boom!-48 counts-Always dance C twice

### SEC 1 WALKS FWD, V STEP OUT WITH HIP BUMPS, HOLD AND CHEST PUMP TWICE

1-2 Step R forward, step L forward

3-4 Step R forward and out pushing R hip out, step L apart pushing L hip out

5-6 Step R back, step L together

7-8 Weight remains on L as you pump your fists out and in at chest level out in front, twice (elbows bent)

### SEC 2 CROSS, ½ HINGE TURN, CROSS, ¼ MONTEREY

1-2 Cross step R over L, turning ¼ right step L back

3-4 Turning ¼ right step R side, cross step L over R (6:00)

5-6 Point R toes side right, turning ¼ right on L step R together

7-8 Point L toes side left, step L together (9:00)

Polynesia

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## Polynesia

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### SEC 3 STOMP BACK, HOLD, STOMP BACK, HOLD, BACK, HOLD, BALL STEP FWD

1-4 Stomp R back, hold

3-4 Stomp L back, hold

**Note** On this hold you can pump both fists above your head and yell hey! with the group)

5-6 Stomp R back, hold

&7-8 Step L back, step R forward, step L forward

### SEC 4 ROCK/RECOVER, ¼ SIDE, HEEL FWD, HOLD, TOG, ROCK/RECOVER, ¼ SIDE, HEEL FWD, HOLD, TOG

1-2& Rock R forward, recover weight L, turning ¼ right step R side (12:00)

3-4& Touch L heel forward, hold, step L together

5-6& Rock R forward, recover weight on L, turning ¼ right step R side (3:00)

7-8& Touch L heel forward, hold, step L together

### SEC 5 SIDE, HOLD/ARMS, TOG, SIDE, HOLD/ARMS, TOG, SIDE ROCK/RECOVER, BEHIND, ¼ FWD

1-2& Step R side, hold, step L together

**Arms** Cross arms over chest with palms inwards

3-4& Step R side, hold, step L together

**Arms** At the same time place your R arm out to right side bending up from the elbow and making a fist with your hand:

Place your L arm out to left side bending down from elbow making a fist with your hand (warrior arms)

5-6 Rock R side, recover weight on L

**Arms** Bring both down to a natural position by your side

7&8 Cross step R behind L, turning ¼ left step L forward, step R forward (12:00)

### SEC 6 SIDE, HOLD/ARMS, TOG, SIDE, HOLD, TOG, SIDE ROCK/RECOVER, SWEEP ½ TURN COASTER

1-2& Step L side, hold, step R together

**Arms** Arms Cross arms over chest with palms inwards

3-4& Step L side, hold, step R together

**Arms** At the same time place your R arm out to right side bending up from the elbow and making a fist with your hand:

Place your L arm out to left side bending down from elbow making a fist with your hand (warrior arms)

5-6 Rock L side, recover weight on R

**Arms** Bring both down to a natural position by your side

7&8 Sweeping L from front to back turn ½ left stepping L back, step R together, step L forward (6:00)

