Unchained Lizzy
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90 Count 2 Wall Phrased Improver Level Dance. Choreographed by: Iris Wolff (DE) Sept 2021 Choreographed to: Unchained Lizzy by Sherman Noir Intro: 16 Counts. Start at approx 25 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.
Sequence: A, B, B, C, A, B, B, B, B, B, B, B
Part A 36 counts
SEC 1 GRAPEVINE R /BRUSH, L FWD, R TOUCH BEHIND L, BACK, TOUCH
1-2 Step $R$ to right side, cross $L$ behind $R$
3-4 Step $R$ to right side, brush $L$ forward
5-6 Step $L$ forward, touch $R$ behind $L$
7-8 Step R back, touch L beside R
SEC 2 GRAPEVINE L/BRUSH, R FWD, L TOUCH BEHIND R, BACK, TOUCH
1-2 Step $L$ to left side, cross $R$ behind $L$
3-4 Step $L$ to left side, brush $R$ forward
5-6 $\quad$ Step $R$ forward, touch $L$ behind $R$
7-8 Step L back, touch $R$ beside $L$
SEC 3 GRAPEVINE R /BRUSH, L FWD, R TOUCH BEHIND L, BACK, TOUCH
1-2 Step $R$ to right side, cross $L$ behind $R$
3-4 Step $R$ to right side, brush $L$ forward
5-6 $\quad$ Step $L$ forward, touch $R$ behind $L$
7-8 Step $R$ back, touch $L$ beside $R$
SEC 4 GRAPEVINE L/BRUSH, R FWD, L TOUCH BEHIND R, BACK, TOUCH
1-2 Step $L$ to left side, cross $R$ behind $L$
3-4 Step $L$ to left side, brush $R$ forward
5-6 $\quad$ Step $R$ forward, touch $L$ behind $R$
7-8 Step L back, touch $R$ beside $L$
SEC 5 R SIDE, TOUCH, L SIDE TOUCH
1-2 Step $R$ to right side, touch $L$ beside $R$
3-4 Step $L$ to left side, touch $R$ beside $L$
Part B 32 counts (start at 12:00 or 6:00)
SEC 1 R SIDE ROCK, CROSS SHUFFLE, L SIDE ROCK, CROSS SHUFFLE
1-2 Step $R$ to right side, weight back on $L$
3\&4 Cross $R$ over $L$, step $L$ to left, cross $R$ over $L$
5-6 Step $L$ to left side, weight back on $R$
7\&8 Cross L over $R$, step $R$ to right, cross $L$ over $R$

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## SEC 2 R BACK ROCK, R ROCK FWD, R FULL TURN TO R, R BACK ROCK

1-2 Step $R$ back, weight back on $L$
3-4 Step $R$ forward, weight back on $L$
5-6 Turn $R 1 / 2$ to right forward, turn $L 1 / 2$ right back (12:00)
7-8 Step $R$ back, weight back on $L$

## SEC 3 R POINT, CROSS, L POINT, CROSS, R SIDE ROCK, R ¼ TURN L SIDE ROCK

1-2 Point $R$ to right side, cross $R$ over $L$
3-4 Point $L$ to left side, cross $L$ over $R$
5-6 Step $R$ to right side, weight back on $L$
7-8 Step $R$ with $1 / 4$ left turn to right side, weight back on L (9:00)

## SEC 4 HEEL, TOGETHER, SWIVET TO RIGHT, UNWIND ¼ TURN L, KICK-BALL-CHANGE

1-2 Touch right heel forward, step $R$ beside $L$
3 Turn right heel (raised) to the left \& at the same time turn the right toe (raised) to the right (both toes point to the right)
4 Turn both feet back to the center
5-6 Touch left toe behind $R$ and turn $1 / 4$ to left on both balls ( $6: 00$ )
7-8 Kick $R$ forward, right ball next to $L$, step $L$ on place

## Part C 24 Counts (start at 12:00)

SEC 14 X DIAGONAL BACK TOUCHES (WITH CLAPS)
1-2 Step $R$ diagonal right back, touch $L$ beside $R$ (clap)
3-4 Step $L$ diagonal left back, touch $R$ beside $L$ (clap)
5-6 Step $R$ diagonal right back, touch $L$ beside $R$ (clap)
7-8 Step $L$ diagonal left back, touch $R$ beside $L$ (clap)
SEC 24 X DIAGONAL FORWARD TOUCHES (WITH CLAPS)
1-2 Step $R$ diagonal right forward, touch $L$ beside $R$ (clap)
3-4 Step L diagonal left forward, touch R beside L (clap)
5-6 Step $R$ diagonal right forward, touch $L$ beside $R$ (clap)
7-8 Step L diagonal left forward, touch $R$ beside L (clap)
SEC 32 X MONTEREY TURN $1 / 4$ RIGHT
1-2 Point $R$ to right side, turn $1 / 4$ right and step $R$ next to $L$
3-4 Point $L$ to left side, step $L$ next to $R(3: 00)$
5-6 Point $R$ to right side, turn $1 / 4$ right and step $R$ next to $L$
7-8 Point $L$ to left side, step $L$ next to $R(6: 00)$

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