

## **I Understand**

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 2 Wall High Intermediate Level Dance.
Choreographed by: Maria Tao (USA) Nov 2020
Choreographed to: I Understand by Herman's Hermits
Intro: 32 Counts. Start at approx 29 secs.

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SEC 1	1/8 TURN STEP, CROSS, BACK, BACK, BACK, SAILOR STEP 1/4 TURN,
	CROSS, BACK, BACK, SAILOR STEP 1/8 TURN
1	⅓ turn L stepping R forward while sweeping L back to front (10:30)
2&a3	Cross L over R, step R back, step L back, step R back
4a5	Cross step L behind R, 1/4 turn R stepping R to R, step L forward while sweeping R back to front (1:30)
6&a7	Cross R over L, step L back, step R back, step L back
8a1	Cross step R behind L, 1/₂ turn R stepping L to L, step R to R (3:00)
SEC 2	SWAY, SWAY, ¼ TURN L, ¼ TURN SIDE, SAILOR CROSS,
	RECOVER, SIDE, TOUCH, LUNGE, 1/4 TURN, TOGETHER, 1/6 TURN STEP
2&a3	Sway L to L, sway R to R, ¼ turn L stepping L forward, ¼ turn L stepping R to R (9:00)
4a5	Cross step L behind, step R to R, cross rock L over R
6&a7	Recover onto R, step L to L, touch R beside L, lunge R to R
8a1	Recover onto L making ¼ turn L stepping L forward, step R next to L, ¼ turn L stepping L forward (4:30)
SEC 3	% TURN RUN, PRESS, RECOVER, BACK, CROSS ROCK,
	RECOVER, BACK, CROSS, ¼ TURN HITCH, ½ TURN SHUFFLE
2&a3	% turn L run forward stepping R-L-R, press L forward (12:00)
4a5	Recover weight on R, step L back, cross rock R over L
6&a7	Recover onto L, step ball of R slightly back, cross L over R, ¼ turn L step R back while hitching L knee slightly (9:00)
8a1	½ turn L shuffle forward stepping L-R-L (3:00)
SEC 4	JAZZ BOX 1/4 TURN, FULL TURN, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, BACK
2&a3	Cross R over L, ¼ turn R stepping L back, step R to R, step L forward (6:00)
4a5	½ turn L stepping R back, hitch L knee slightly, ½ turn L stepping L forward (6:00)
6&a7	Cross rock R over L, recover onto L, step R to R, cross rock L over R
8a	Recover onto R, step ball of L slightly back

