

## **Sent From Above**

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Improver Level Dance.

Choreographed by: Martine Canonne (FR) & Martine Nageotte (FR) Aug 2021

Choreographed to: Sent From Above by Dolly Parton

Intro: 16 Counts. Start at approx 10 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	WALKS R & L, SAILOR ¼ W/SKATE R, SKATE L, SKATE TURN ¼ R, MAMBO
1-2	Step RF fwd, step LF fwd (open your body diagonally right)
3&4	Cross RF behind LF, turn 1/4 right stepping LF to left side, skate RF diagonally right fwd (3:00)
5-6	Skate LF diagonally left fwd, turn ¼ right with skate RF fwd (6:00)
7&8	Step LF fwd, recover onto RF, step LF next to RF and pushing your hips back (weight onto LF)
SEC 2	WALKS R & L, ANCHOR STEP, BACKS L & R, COASTER STEP
1-2	Step RF fwd, step LF fwd
3&4	Cross RF behind LF (3rd position), recover onto LF, step RF back
5-6	Step LF back, step RF back
7&8	Step ball LF back, step ball RF next to LF, step LF fwd
Restart	Here on Wall 4
SEC 3	SIDE ROCK, CROSS & CROSS R & L
1-2	Step RF to right side, recover onto LF
2&3	Cross RF over LF, step LF to left side, cross RF over LF
5-6	Step LF to left side, recover onto RF
7&8	Cross LF over RF, step RF to right side, cross LF over RF
SEC 4	POINT R & L &, POINT R-TOUCH-BACK R W/ DRAG HEEL L, COASTER STEP, STEP TURN ¾-POINT
1&	Touch point RF to right side, step RF next to LF
2&	Touch point LF to left side, step LF next to RF
3&4	Touch point RF to right side, touch RF next to LF, make a big step RF back and drag heel LF
5&6	Step ball LF back, step ball RF next to LF, step LF fwd
7&8	Step RF fwd, weight onto LF make 3/4 turn left, touch point RF to right side (9:00)

