

# **Strong & Sweet**

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 36 Count 2 Wall Improver Level Dance. Choreographed by: Ann-Jeanett Ramsvatn (DK) July 2021 Choreographed to: Honey Jack by Madeline Merlo Intro: 16 Counts. Start at approx 12 secs.

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# SEC 1 OUT OUT, SWIVEL, COASTER STEP, PRISSY WALKS

- 1-2 Step out on R, Step out on L
- 3&4 Swivel both feet in (heel toe heel)
- 5&6 Step back on L, Step R beside L, Step fwd on L
- 7-8 Step R fwd crossed over L, Step L fwd crossed over R
- Restart Here on Wall 3

### SEC 2 HEEL HOOK HEEL, HITCH, BACK HITCH X2, COASTER STEP, MAMBO ¼ TURN

- 1&2& R heel fwd, Hook R over L, R heel fwd, Hitch R knee
- 3&4& Step back on R, Hitch L Knee, Step back on L, Hitch R knee
- 5&6 Step back on R, Step L beside R, Step fwd on R
- 7&8 Rock fwd on L, Recover on R, <sup>1</sup>/<sub>4</sub> turn L as you step L to L side (9:00)

### SEC 3 VAUDEVILLE X 2, CROSS, SIDE, BEHIND SIDE CROSS

- 1&2& Cross R over L, Step L to L side, R heel diagonal, Step R beside L
- 3&4& Cross L over R, Step R to R side, L heel diagonal, Step L beside R
- 5-6 Cross R over L, Step L to L side
- 7&8 Step R behind L, Step L to L Side, Cross R over L

## SEC 4 POINT & POINT, POINT HITCH POINT, SAILOR ¼ TURN, BALL STEP, SCUFF HITCH

- 1&2& point L to L side, step L beside R, Point R to R side, Step R beside L
- 3&4 Point L to L side, Hitch L knee, Point L to L side
- 5&6 Turn <sup>1</sup>/<sub>4</sub> turn L stepping back on L, step R beside L, Step fwd on L (6:00)
- &7-8 Step R beside L, Step fwd on R, Scuff R and hitch R knee
- Restart Here on Wall 4

#### SEC 5 ROCKING CHAIR

- 1-4 Rock fwd on R, Recover on L
- 3-4 Rock back on R, Recover on L
- Tag At the end of wall 1&6

#### OUT OUT, IN IN X2

- 1&2& Step out on R, Step out on L, Step back in place on R, Step back in place on L
- 3&4& Step out on R, Step out on L, Step back in place on R, Step back in place on L
- **Ending** After Sailor <sup>1</sup>/<sub>4</sub> turn, do step <sup>1</sup>/<sub>2</sub> turn L (step fwd on R, turn <sup>1</sup>/<sub>2</sub> turn L)



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