

Caught Up

16 count, 4 wall, beginner level

Choreographer: Maria Graube (Sweden) Oct 2006
Choreographed to: Caught Up In The Moment by Big
& Rich (104 bpm)

32 count intro

R Heel hook, R step, Hold with clap - L heel hook, L step, Hold with clap

- 1, 2 Touch right heel forward. Hook right heel in front of left knee
- 3, 4 Step right forward on the right diagonal. Hold as you clap hands.
- 5, 6 Touch left heel forward. Hook left heel in front of right knee
- 7, 8 Step left forward on the left diagonal. Hold as you clap hands.

R chassé with 1/4 turn L, L chassé, R Stomp, L Stomp, Slap, Slap

- 1&2& Step right to right side. Close left beside right. Step right to right side. Turn ¼ left
- 3&4 Step left to left side. Close right beside left. Step left to left side.
- 5, 6 Stomp right forward. Stomp left forward (your standing in a wide step now!).
- 7, 8 Slap on your thighs backwards. Slap on your thighs forward.

Dance with attitude! It´s so much more fun!

This dance was choreographed the same day as Hitch Hikers performed at The Countryfestival in Linköping Konsert & kongress 28-10-2006 as an easy workshop for those who never been line dancing ever.
