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## Lala Swing

32 Count 4 Wall Intermediate Level Dance.
Choreographed by: Tim Johnson (UK) \& Jean Pierre Madge (CH) Aug 2021
Choreographed to: Lalalalalalalalalala (Acoustic) by Mikolas Josef
Intro: 16 Counts. Start at approx 9 secs.

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SEC 1 WALK L,R,L, RIGHT SAILOR $1 ⁄ 2,1 / 2$ TURN L, $1 / 2$ TURN R SWEEPING L, BEHIND L, SIDE R
1-2-3 Walk forward $L$, Walk forward $R$, Walk forward $L$,
4\&5 Making a $1 / 2$ turn to the right step $R$ behind $L$, step $L$ to left side, step $R$ forward (prep your body to turn left) (6:00)
6-7 Making a $1 / 2$ turn to the left step $L$ forward, making $1 / 2$ turn to the left step back on $R$ sweeping $L$ behind $R,(6: 00)$
8\& Step $L$ behind $R$, step $R$ to right side,

SEC 2 CROSS L OVER R, HOLD, WEAVE RIGHT, ROCK RIGHT, RECOVER, $1 ⁄ 2$ R, $1 ⁄ 2$ L, BEHIND
1-2 Cross L over R, Hold,
\&3\&4 Step R to right side, Step L behind R, Step R to R side, Cross L over R,
5-6 Rock $R$ out to right side, Recover weight back onto $L$,
$7-8 \& \quad$ Making a $1 / 2$ turn to the right step $R$ to right side, making $1 / 2$ turn to the right, step $L$ to left side, step $R$ behind $L$ (6:00)

SEC 3 STEP L TO LEFT SIDE, SWAY R,L BEHIND $1 / 4$ SIDE, WEAVE RIGHT, $1 ⁄ 4$ TURN RIGHT SHUFFLE
1-2-3 Step L to left side, swaying hips to the left, sway hips right, sway hips left,
4\&5 Step $R$ behind $L$, making a $1 / 4$ turn to the left, step forward on $L$, Step $R$ to right side (3:00)
6\&7 Step $L$ behind $R$, step $R$ to right side, cross $L$ over $R$,
8\& Making a $1 / 4$ turn to the right, Step forward on $R$, step $L$ behind $R(6: 00)$
SEC 4 L STEP $1 / 2$ TURN STEP, $1 / 4$ R SHUFFLE, $1 / 2$ L SHUFFLE, ROCK BACK $R$
1 Step forward R ,
$2 \& 3$ Step forward $L$, making a $1 / 2$ turn to the right, step forward on $R$, Step forward on $L$ (12:00)
4\&5 Making $1 / 4$ turn to the left, step $R$ to right side, step $L$ next to $R$, step $R$ to right side (9:00)
6\&7 Making a $1 / 2$ turn to the left, step $L$ to left side, step $R$ next to $L$, step $L$ to left side (3:00)
8 Rock back on $R$

Linedance Foundation, Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA.
Email: scripts@linedancerweb.com www.linedancefoundation.com www.linedancer-radio.com

