

Caught Up

64 count, 2 wall, intermediate/advanced level
 Choreographer: Michael Vera-Lobos (Aus) Feb 2002

Choreographed to: Thought Of Being In Love by Chad Brock, 111 Album

16 COUNT INTRO

- 1-8** **CROSS KICK,OUT-OUT,TOUCH SIDE, ¼ SWEEP, R SAILOR, ¼ R, ¾ R**
 1&2,3,4 CROSS KICK R OVER L, STEP R TO R & L TO L, TOUCH R BESIDE L, TURNING 90°R KICK R TO R
 5&6,7,8 CROSS R BEHIND L, ROCK L TO L, ROCK WEIGHT TO R, CROSS STEP L FWD OVER R TURNING 90°R, TURNING A FURTHER 270°R STEP BACK ON R
- 9 -16** **ROCK FWD/BACK, LOCK SHUFFLE BACK, ROCK BACK/FWD, TURN ½ L, ¼ L**
 1,2,3&4 ROCK FWD L, ROCK BACK ON R, LOCK SHUFFLE BACK L STEPPING L,R,L
 5,6,7,8 ROCK BACK ON R, ROCK FWD ON L, TRAVELLING FWD STEP FWD R TURNING 180°L,STEP BACK ON L TURNING 90°L
- 17 - 24** **CROSS ROCK, REPLACE, SIDE SHUFFLE R ¼ R, STEP FWD, ¼ R, CROSS L, ¼ L**
 1,2,3&4 CROSS ROCK R OVER L, ROCK BACK ON L, STEP R TO R, L BESIDE R, STEP R TO R TURNING 90°R
 5,6,7,8 STEP FWD L, PIVOT 90°R, CROSS STEP L OVER R, STEP BACK ON R TURNING 90°L
- 25 - 32** **L COASTER, STEP FWD FULL TURN HOOK, SHUFFLE FWD L, STEP FWD , ¾ PIVOT L**
 1&2,3,4 STEP BACK L, STEP R BESIDE L, STEP FWD L, STEP FWD R, TURNING 360°L HOOK L OVER R
 5&6,7,8 SHUFFLE FWD L STEPPING L,R,L, STEP FWD ON R, PIVOT 270°L (End weight left)
- 33 - 40** **SIDE SHUFFLE R, L SAILOR, R SAILOR ¼ R, ½ R, ¼ R**
 1&2,3&4 SIDE SHUFFLE R STEPPING R,L,R, CROSS L BEHIND R, ROCK R TO R, ROCK WEIGHT TO L
 5&6,7,8 CROSS R BEHIND L, STEP L BESIDE R TURNING 90°R, STEP FWD R, STEP FWD L TURNING 180°R, STEP BACK ON R TURNING 90°R
- 41 - 48** **CROSS ROCK, REPLACE, ¼ SHUFFLE L, STEP FWD, ½ HEEL BOUNCE, L COASTER**
 1,2,3&4 CROSS ROCK L OVER R, ROCK BACK ON R, TURNING 90°L SHUFFLE FWD L,R,L
 5&6,7&8 STEP FWD R, TURNING 180°L RAISE & DROP HEELS, STEP BACK L, STEP R BESIDE L, STEP FWD L
- 49 - 56** **STEP FWD- TOUCH, STEP BACK- TOUCH, BALL STEP , ½ TURN, ½ SHUFFLE**
 1,2,3,4 STEP FWD R, TOUCH L BESIDE R, STEP BACK L, TOUCH R BESIDE L
 &5,6 STEP BALL OF R BESIDE L & STEP FWD L, STEP FWD R TURNING 180°L, TURNING 180°L SHUFFLE FWD L STEPPING L,R,L
- 57 - 64** **TOUCH SIDE, ¼ TOUCH, BEHIND, SIDE, CROSS, STEP/DRAG, BALL CROSS, STEP SIDE**
 1&2,3&4 TOUCH R TOE R, STEP R BESIDE L TURNING 90°R & TOUCH L TO L, CROSS L BEHIND R, STEP R TO R, CROSS L OVER R
 5,6&7,8 STEP R TO R ,DRAG L TOWARDS R, STEP BALL OF L TO L CROSSING R OVER L, STEP L TO L
- 64** **RESTART DANCE FACING NEW WALL**
- TAG:** OCCURS AT END OF WALL 1 AND WALL 3 AND AT END OF WALL 4 DO 24 COUNTS OF **TAG**
- SIDE /DRAG, BEHIND, ¼ R ,STEP FWD, STEP ½ TURN, STEP ½ TURN**
 1,2&3,4 STEP SIDE R, DRAG L, STEP BALL OF L BEHIND R, TURN 90°R ON R, STEP FWD L
 5,6,7,8 STEP FWD R, PIVOT 180°L, STEP FWD R, PIVOT 180°L
- ROCK FWD/BACK, ½ SHUFFLE R, ROCK FWD/BACK, L COASTER**
 1,2,3&4 ROCK FWD R, ROCK BACK ON L, TURNING 180°R SHUFFLE FWD R
 5,6,7&8 ROCK FWD L, ROCK BACK ON R, STEP BACK L, STEP R BESIDE L, STEP FWD L
- SIDE /DRAG, BEHIND, ¼ R ,STEP FWD, STEP ½ TURN, STEP ½ TURN**
 1,2&3,4 STEP SIDE R, DRAG L, STEP BALL OF L BEHIND R, TURN 90°R ON R, STEP FWD L
 5,6,7,8 STEP FWD R, PIVOT 180°L, STEP FWD R, PIVOT 180°L (24 CNTS at end of wall 4)
- ROCK FWD/BACK, ½ SHUFFLE R, STEP FWD L, ½ PIVOT R, SHUFFLE FWD L**
 1,2,3&4 ROCK FWD R, ROCK BACK ON L, TURNING 180°R SHUFFLE FWD R
 5,6,7&8 STEP FWD L, PIVOT 180°R, SHUFFLE FWD ON L STEPPING L,R,L
- 32** **RESTART DANCE**

