

Keep It Low

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Beginner Level Dance. Choreographed by: Sebastiaan Holtland (NL) Aug 2021 Choreographed to: Keep It Low by Martis Intro: 32 Counts. Start at approx 18 secs.

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SEC 1 WALKS IN PLACE, SIDE POINT, TOGETHER, WALKS IN PLACE, SIDE POINT, TOGETHER

- 1-2 Walk RF in place, Walk LF In place
- 3-4 Point RF out to R, Step RF beside LF
- 5-6 Walk LF In place, Walk RF in place
- 7-8 Point LF to L, Step LF beside RF
- Restart Here on Wall 6

SEC 2 ROCKING CHAIR, ½ SHUFFLE TURN, BACK ROCK

- 1-2 Rock RF fwd, Recover back onto LF
- 3-4 Rock RF back, Recover back onto LF
- 5&6 ¹/₂ Shuffle turn L (6:00) R, L, R (5&6)
- 7-8 Rock LF back, Recover back onto RF

SEC 3 SIDE, TOGETHER, BIG STEP FWD, KNEE LIFT, SIDE, TOUCH TOGETHER, STEP ¹/₄ TURN, SCUFF FWD

- 1-2 Step LF to L, Step RF beside LF
- 3-4 Step LF big fwd, Lift R knee up
- 5-6 Step RF to R, Touch LF beside RF
- 7-8 Make ¼ turn L (3:00) step LF fwd, Scuff R heel fwd

SEC 4 FWD COASTER STEP, HOOK ACROSS, STEP, SIDE ROCK, DIXIE KICK FWD

- 1-2 Step RF fwd, Step LF beside RF
- 3-4 Step RF back, Hook LF in front of R knee
- 5-6 Step LF fwd, Rock RF to R
- 7-8 Recover back onto LF, Dixie kick RF fwd to front

