Day One... One Day
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32 Count 4 Wall Improver Level Dance.
Choreographed by: Ria Vos (NL) Aug 2021
Choreographed to: One Day by BEXAR
Intro: 16 Counts. Start at approx 10 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.
SEC 1 STEP, CLAP, STEP, CLAP, MAMBO $1 / 2$ TURN R, SHUFFLE $1 / 2$ TURN R, $1 / 4$ R \& POINT \& POINT
1\&2\& Step Fwd on R, Clap, Step Fwd on L, Clap
3\&4 Rock Fwd on R, Recover on L, $1 / 2$ Turn R Step Fwd on R (6:00)
5\&6 Shuffle $1 / 2$ Turn R Stepping L-R-L (12:00)
\&7 $\quad 1 / 4$ Turn $R$ Step $R$ to $R$ Side, Point $L$ to $L$ Side (3:00)
\&8 Step L Next to R, Point R to R Side
SEC 2 \& CROSS ROCK-SIDE, CROSS ROCK-SIDE, WEAVE R, $1 / 4$ L TOGETHER
\&1-2 Step R Next to L, Cross Rock L Over R, Recover on R
\&3-4 Step L to L Side, Cross Rock R Over L, Recover on L
\& \& \& Step R to R Side, Cross L Over R, Step R to R Side
6\&7 Step L Behind R, Step R to R Side, Cross L Over R
\&8 $\quad 1 / 4$ Turn L Step Back on R, Step L Next to R (12:00)
Restart Here on Wall 5
SEC 3 CROSS-SIDE ROCK, CROSS-SIDE ROCK, HEEL SWITCHES, BOOGIE WALK
1\&2 Step R Fwd and Across, Rock L to L Side, Recover on R
3\&4\& Step L Fwd and Across, Rock R to R Side, Recover on L
Note $\quad 1-4$ Make sure you Travel Fwd on these Steps
5\&6\& Dig R Heel Fwd, Step R Next to L, Dig L Heel Fwd, Step L Next to R
7\&8 'Run' Fwd R-L-R (Boogie Walk)
SEC 4 L MAMBO FWD, R COASTER CROSS, $3 / 4$ TURN L CIRCLE WALK AROUND STEPPING L-R RUN L-R-L
1\&2 Rock Fwd on L, Recover on R, Step Back on L
3\&4 Step Back on R, Step L Next to R, Cross R Over L
5-6 Walk Fwd L-R Starting 3/4 Turn L Circle Walk Around
$7 \& 8$
Tag 1 After wall 1 (3:00)
ROCK FWD, \& ROCK FWD, COASTER STEP, KICK-BALL-CHANGE
1-2 Rock Fwd on R, Recover on L
\&3-4 Step R Next to L, Rock Fwd on L, Recover on R
5\&6 Step Back on L, Step R Next to L, Step Fwd on L
7\&8 Kick R Fwd, Step on Ball of R Next to L, Step L in Place
Tag 216 Count Tag After wall 2 (6:00), 4 (12:00), 6 (3:00) dance the 16 count tag $2 x$ see ending
Dance Tag 1 then add the following
$3 / 4$ TURN R WALK AROUND STEPPING R-L RUN R-L-R, 3 ² TURN L WALK AROUND STEPPING L-R RUN L-R-L
Walk Fwd R-L Starting $3 / 4$ Turn R Circle Walk Around
‘Run' Fwd R-L-R Finishing $3 / 4$ R Circle Walk Around
Walk Fwd L-R Starting $3 / 4$ Turn L Circle Walk Around
'Run' Fwd L-R-L Finishing 3/4 L Circle Walk Around
Ending After wall 6 you dance the 16 count Tag twice facing 3:00 To end, make a Full Turn L to end Facing Front

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