

Soul Food

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Beginner Level Dance.

Choreographed by: Silvia Schill (DE) Aug 2021

Choreographed to: Soul Food by Keith Urban

Intro: 48 Counts. Start at approx 23 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

| SEC 1 | ROCK SIDE, CROSS SHUFFLE, ROCK SIDE, CROSS SHUFFLE |
|-------|------------------------------------------------------------------------------------------------------|
| 1-2 | Step right with right, weight back on LF |
| 3&4 | Cross RF far over left, small step left with left, cross RF far over left |
| 5-6 | Step left with left, weight back on RF |
| 7&8 | Cross LF far over right, small step right with right, cross LF far over right |
| SEC 2 | SIDE, BEHIND, ¼ TURN CHASSÉ FORWARD, STEP, PIVOT ½, SHUFFLE FORWARD |
| 1-2 | Step right with right, cross LF behind right (bend knees a little) |
| 3&4 | 1/4 turn right step forward with right, move LF next to right, step forward with right (3:00) |
| 5-6 | Step forward with left, ½ turn right around on both balls, weight at the end right (9:00) |
| 7&8 | Step forward with left, move RF next to left, step forward with left |
| SEC 3 | ROCKING CHAIR, STEP, PIVOT ½ x2 |
| 1-2 | Step forward with right, weight back on LF |
| 3-4 | Step back with right, weight back on LF |
| 5-6 | Step forward with right, ½ turn left around on both balls, weight at the end left (3:00) |
| 7-8 | Step forward with right, $\frac{1}{2}$ turn left around on both balls, weight at the end left (9:00) |
| SEC 4 | JAZZ BOX WITH CROSS, SIDE, TOUCH/SNAP |
| 1-2 | Cross RF over left, step back with left |
| 3-4 | Step right with right, cross LF over rights |
| 5-6 | Step right with right, touch LF next to right/snap |
| 7-8 | Step left with left, touch RF next to left/snap |

