

## **Hands Up Like This**

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Choreographed by: Elaine Cook (CAN), Rob Fowler (ES) & I.C.E Aug 2021

Choreographed to: Hands Up Like This by ZOA

Intro: 32 Counts. Start at approx 16 secs.

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Note: Dance Starts Facing 1:30

SEC 1 1-2 &3-4 &5-6 7&8	DIAG R ROCK, RECOVER & HEEL, HOLD, & STEP R, PIVOT ½ L, TOUCH R WITH HIP BUMPS  Rock R forward, recover L (1:30)  Step R side ½ left, touch L heel forward, hold (12:00)  Step L back, step R forward, make ½ turn L (weight forward on L) (6:00)  Touch R to R side and bumps hips up & down (keep weight L)
Option	Snap fingers raising right hand up and down
SEC 2 1-2 &3&4 5-6 7&8	CROSS R, HOLD, SYNCOPATED VINE WITH CROSS, SIDE ROCK, RECOVER, BEHIND, SIDE, FORWARD % R Cross R over L, hold Step L side, step R behind L, step L side, cross R over L Rock L side, recover R Step L behind R, step R side, step forward L turning 1/8 right (7:30)
SEC 3 1-2 &3&4 5-6 7&8	STEP R, TOUCH L, BACK L, TOUCH R, BACK R, TOUCH L, TOUCH L BEHIND, UNWIND ½ L, R TOE TAPS  Still on diagonal step R forward, touch L beside R  Step L back, touch R beside L, step R back, touch L beside R  Touch L toe behind R, unwind ½ turn left (weight forward on L) (1:30)  Tap R toe out to R side, tap R toe in towards L, tap R toe next to L
<b>SEC 4</b> 1-2 &3-4 5-6 7-8	R HEEL, HOLD, & L HEEL, HOLD, L JAZZ BOX WITH BRUSH Still on diagonal touch R heel forward, hold, Step R back, touch L heel forward, hold Cross L over R, step R back Step L side, brush R forward
Tag SEC 1 1-2 &3&4 5-6 7&8 Option	The 16-count tag is done to the diagonal at the end of Walls 1, 3, 5  ROCK R, RECOVER, BACK R, ½ L, BACK R, ¼ L, STEP R, PIVOT ½ L, BOOGIE WALKS  Rock R forward, recover L  Step R back, step L forward ½ left, step R back, step L forward ¼ left 4:30  Step R forward, make ½ turn left (weight forward on L)  Boogie walks forward R,L,R  Push arms up down up during the boogie walks
<b>SEC 2</b> 1&2& 3&4 5&6 &7-8	SIDE SWITCHES, STEP R, HEEL TWISTS ¼ L, HITCH L, STEP L, TOUCH R  Point L side, step L beside R, point R side, step R beside L,  Point L side, step L beside R, step R forward  Twist heels R,L,R making ¼ turn left (keep weight R)  Hitch L, step L side, touch R beside L 7:30

