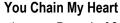


You Chain My Heart

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 64 Count 2 Wall Intermediate Level Dance.
Choreographed by: Heru Tian (INA) Jul 2021
Choreographed to: Chain My Heart by Topic & Bebe Rexha
Intro: 16 Counts. Start at approx 7 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-2 3&4 5-6 7 8&1	PRISSY WALKS, MAMBO CROSS, ¼ UNWIND TURN, ¼ UNWIND TURN BACK, BACK SWEEP, SAILOR SIDE Prissy walk RF fwd, prissy walk LF fwd Rocking RF to side, recover on LF, crossing RF over LF Make a ¼ unwind turn L weight on LF, make a ¼ unwind turn R weight on RF (12:00) Stepping LF back, sweeping RF front to back Stepping RF behind, stepping LF beside RF, stepping RF to side
SEC 2 2 8.3 4 5-6 7&8	HOLD, TOGETHER, SIDE, 1/8 TURN HITCH, BIG STEP BACK, HOLD, COASTER STEP Hold Stepping LF together, stepping RF to side Make a 1/8 turn R hitch LF (1:30) Take a long step LF back, touch RF heel fwd, hold Stepping RF back, stepping LF together, stepping RF fwd
SEC 3 1-2 3-4 &5-6 &7-8	FWD, 1/8 TURN CHUG X3, BALL, 1/8 TURN FWD, TOGETHER, 1/8 TURN BALL, 1/8 TURN FWD, TOGETHER Stepping LF fwd, make a 1/8 turn L chug RF to side (12:00): 1/8 turn chug RF to side, 1/8 turn L chug RF to side (9:00) Ball LF on place, 1/8 turn L stepping RF fwd, stepping LF together (7:30) 1/8 turn R ball RF on place, 1/8 turn R stepping LF fwd, stepping RF together (10:30)
SEC 4 1&2& 3&4& 5-6 &7&8	POINT SWITCHES, TOUCH SWITCHES, TOUCH BACK, HOLD, BODY WAVE, BACK, TOGETHER, BACK Point LF to side, close LF together, point RF to side, close RF together Touch LF fwd, close LF together touch RF fwd, close RF together Touch LF behind RF, hold Body wave, finish body wave, stepping LF back, stepping RF together, stepping LF back
SEC 5 1&2 3-4 5&6 7&8	¼ TURN SIDE ROCK, RECOVER, CROSS, HINGE ½ TURN, CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS Make a ⅓ turn R rocking RF to side, recovering on LF, crossing RF over LF (12:00) ¼ turn R stepping LF back, ¼ turn R stepping RF to side (6:00) Crossing LF over RF, stepping RF together, crossing LF over RF Rocking RF to side, recovering on LF, crossing RF over LF
SEC 6 &1-2 &3&4 5-8	SIDE, BEHIND, HOLD, SYNCOPATED WEAVE STEP, 1/4 TURN FWD, FWD, PIVOT 1/2 TURN, FWD Stepping LF to side, crossing RF behind LF, hold Stepping LF to side, crossing RF over LF, stepping LF to side, crossing RF behind LF 1/4 turn L stepping LF fwd, stepping RF fwd, make a 1/2 pivot turn L weight on LF, stepping RF fwd (9:00)



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PRESS FWD SHOULDER POP, TOUCH FWD, HEEL SWIVEL, KICK BALL POINT, ¼ TURN COASTER STEP
Press LF fwd, pop your left shoulder up, recovering on RF, stepping LF together
Touch RF fwd, swivel RF heel to right, swivel RF heel return
Kick RF, ball RF in place, point LF to side
Make a ¼ turn L stepping LF back, stepping RF together, stepping LF Fwd (6:00)
SYNCOPATED SIDE ROCK, ROCK BACK, RECOVER, FULL TURN
Rocking RF to side, recovering on LF, close RF together
Rocking LF to side, recovering on RF, close LF together
Rocking RF back, recovering on LF
½ turn L stepping RF back, ½ turn L stepping LF fwd (6:00)

