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**SEC 1 LEFT TWINKLE, BASIC R FORWARD**

- 1-3 Cross left over right foot, small step right foot to right side, step left foot in place angling body slightly to left  
4-6 Step forward on right, step left next to right, step right in place (weight on right)

**SEC 2 Lady: ½ TURN LEFT, BASIC R FORWARD  
Man: BASIC L FORWARD, BASIC R BACK**

- 1-3 Lady: Step left foot forward making ½ turn left, step right next to left, step left in place (weight on left)  
**Arms** Drop left hand hold right and turn under, to end in a raised open cross hand hold  
1-3 Man: Step forward on left, step right next to left, step left in place (weight on left)  
**Arms** Drop left hand to allow lady to turn under joined right hands to end in a raised open cross hand hold  
4-6 Lady: Step forward on right, step left next to right, step right foot in place (weight on right)  
4-6 Man: Step back on right, step left next to right, step right in place (weight on right)

**SEC 3 Lady: LEFT TWINKLE, ½ TURN RIGHT  
Man: LEFT TWINKLE, RIGHT TWINKLE**

- 1-3 Lady: Cross left over right foot towards man, small step right foot to right side, step left foot in place angling body slightly to left (weight on left)  
1-3 Man: Cross left over right foot towards lady, small step right foot to right side, step left foot in place angling body slightly to left (weight on left)  
4-6 Lady: Step right foot forward making ½ turn right, step left next to right, step right in place (weight on right)  
**Arms** Raising right arms allow lady to pass underneath  
4-6 Man: Cross right over left foot, small step left foot to left side, step right foot in place (weight on right)  
**Arms** Raising right arms allow lady to pass underneath

**SEC 4 Lady: FULL TURN R, BASIC R FORWARD  
Man: BASIC L FORWARD, BASIC R FORWARD**

- 1-3 Lady: Step left foot forward making ½ right, step right foot back making ½ turn right, step left foot forward  
**Arms** Keep right arms raised to allow lady to pass underneath  
1-3 Man: Step left foot forward, step right next to left, step left in place  
4-6 Lady: Step right foot forward, step left next to right, step right in place (weight on right)  
**Note** Regain sweetheart position  
4-6 Man: Step right foot forward, step left next to right, step right in place (weight on right)

**Sunrise Waltz**  
Continues... Page 1 of 2



## Sunrise Waltz

Continues... Page 2 of 2

### SEC 5 Lady: BASIC L FORWARD, BASIC R BACK

Man: ½ TURN L, BASIC R FORWARD

1-3 Lady: Step left foot forward, step right next to left, step left foot in place

1-3 Man: Step left foot forward making ½ turn left, step right foot next to left, step left in place

4-6 Lady: Step right foot back, step left next to right, step right foot in place (weight on right)

**Arms** Drop right arm and raise left to allow man to pass underneath, end in raised left open cross hand hold

4-6 Man: Step right foot forward, step left next to right, step right foot in place (weight on right)

**Arms** Drop right arm and raise left to pass underneath, end in raised left open cross hand hold

### SEC 6 Lady: LEFT TWINKLE, BASIC R FORWARD

Man: LEFT TWINKLE, ½ TURN R

1-3 Lady: Cross left over right foot away from man, small step right foot to right side, step left foot in place angling body slightly to left (weight on left)

1-3 Man: Cross left over right foot away from lady, small step right foot to right side, step left foot in place angling body slightly to left (weight on left)

4-6 Lady: Step right foot forward, step left next to right, step right foot in place (weight on right)

**Arms** Raise left arm to allow man to pass underneath, regain sweetheart position

4-6 Man: Step right foot forward making ½ turn right, step left next to right, step right foot in place (weight on right)

**Arms** Raise left arm to pass underneath and regain sweetheart position

### SEC 7 LEFT TWINKLE, RIGHT TWINKLE

1-3 Cross left over right foot, small step right foot to right side, step left foot in place angling body slightly to left

4-6 Cross right over left foot, small step right foot to right side, step right foot in place angling body slightly to right

### SEC 8 CROSS, POINT, HOLDX2

1-3 Cross left over right, point right foot to right and hold

4-6 Cross right over left, point left foot to left side and hold

