

High Horses

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 48 Count 4 Wall Phrased Intermediate Level Dance. Choreographed by: Sebastiaan Holtland (NL) Aug 2021 Choreographed to: High Horse by Nelly feat Breland & Blanco Brown Intro: 16 Counts. Start at approx 9 secs.

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Part A 16 counts SEC 1 SYNCOPATED POINTS, DIP 1/4 TURN, KICK BALL STEP, TOUCH BESIDE 1/4 TURN

- 1&2 Point RF out to R, Step RF beside LF, Point LF out to L
- 3-4 Make ¹/₄ turn R dip body down, Touch RF slightly fwd (3:00)
- 5&6 Kick RF fwd, Step RF back in place on Ball, Step LF fwd
- 7-8 Make ¼ turn L step RF back, Touch LF slightly fwd (9:00)

SEC 2 2X ¼ PADDLE, WALKS FWD, STOMP TOGETHER, HOLD WITH ARM MOVEMENTS

- 1&2 Step LF fwd, Lock RF behind LF, Step LF fwd
- 3-4 Make ¹/₄ turn L Point RF out to R, Make ¹/₄ turn R Point RF out to R (3:00)
- 5-8 Walk RF fwd, Walk LF fwd, Stomp RF beside LF, Hold
- Arms Counts 5-8 With R arm from center bring your elbow to the left at chest height and make a fist with the top of your hand forward and arms in together (Same repeat it with your L Arm)

Part B 32 counts

SEC 1 SIDE, SAILOR, BEHIND, STEP 1/4 TURN, KNEE LIFT, KNEE LIFT 1/4 TURN, BIG STEP FWD, STEP TOGETHER

- 1-2&3 Step RF to R, Step LF behind RF, Step RF to R, Step LF to L
- &4 Step RF behind LF, Make ¹/₄ turn L step LF fwd (3:00)
- 5-6 Lift R knee up, Make ¹/₄ turn L Lift R knee up (12:00)
- 7-8 RF big step fwd, Step LF beside RF

Restart Here on first B

SEC 2 SYNCOPATED HEEL SWIVELS IN PLACE, STOMPS OUT, HEEL & TOE SWIVEL, KNEE LIFT

- 1&2& Swivel RF fwd, Swivel RF back to centre, Swivel LF fwd, Swivel LF back to centre
- 3&4& Swivel RF fwd, Swivel RF back to centre, Swivel LF fwd, Swivel LF back to centre
- 5-6 Stomp RF out to R, Stomp RF out to L
- 7&8 Swivel R heel in, Swivel R toe in, Lift R knee up

Restart Here on third B

SEC 3 2X SIDE, TOUCH TOGETHER, STEP ¼ TURN, KNEE LIFT WITH ARM MOVEMENT

- 1-4 Step RF to R, Touch LF beside RF, Make 1/4 turn L step LF fwd, Lift R knee up (9:00)
- 5-8 Step RF to R, Touch LF beside RF, Make ¹/₄ turn L step LF fwd, Lift R knee up (6:00)
- Arms On the above counts 3-4 & 7-8 bring both hands fwd on chest height and with both fist pull elbows backwards

SEC 4 CROSS & HEEL JACKS WITH 1/4 TURN, SYNCOPATED HIP BUMPS, 3/4 TRIPLE TURN

- 1&2& Cross RF over LF, Make ¹/₄ turn R step LF diagonal slightly back, Touch R heel fwd, Step RF back in place (9:00)
- 3&4& Cross LF over RF, Step RF slightly diagonal back, Touch L heel fwd, Step LF back in place
- 5&6 Bump R hip to R, Bump L hip to L, Bump R hip to R
- 7&8 ³/₄ triple turn L (12:00)



Linedance Foundation, Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA. Email: scripts@linedancerweb.com www.linedancefoundation.com www.linedancer-radio.com kingshilldanceholidays.com crystalbootawards.com