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Sequence: A, B, Tag 1, A, B, Tag 1, Tag 2, B, B, Tag 1

Part A

SEC 1 HEEL GRIND, ¼ TURN, EXTENDED BACK SHUFFLE, TOGETHER, STEP, TOGETHER, BODY ROLL

- 1-2 Grind right heel to right, turn ¼ right step left back (3:00)
3&4&5 Step right back, step left beside right, step right back, step left beside right, step right back
6& Step left beside right, step right forward
7-8 Step left beside right body rolling up from knees to head

SEC 2 WALK, WALK, STEP ½ PIVOT STEP, BALL ROCK, BALL STEP ¼ HITCH

- 1-2 Step right forward, step left forward
3&4 Step right forward, turn ½ left transferring weight onto left, step right forward (9:00)
&5-6 Step left beside right, rock right forward, recover weight onto left
&7-8 Step right beside left, step left forward, turn ¼ right hitch right knee (12:00)

SEC 3 SKATE, SKATE, SHUFFLE, SKATE SKATE, SHUFFLE

- 1-2 Step right to right diagonal, step left to left diagonal
3&4 Step right to right diagonal, step left beside right, step right to right diagonal
5-6 Step left to left diagonal, step right to right diagonal
7&8 Step left to left diagonal, step right beside left, step left to left diagonal

SEC 4 ⅛ PRESS, SLIDE, PRESS, SLIDE, STEP ¾ PIVOT, SIDE, SIDE

- 1-2 Turn ⅛ left press right toe forward, slide left foot back keeping weight on right (10:30)
3-4 Press left toe forward, slide right foot back keeping weight on left
5-6 Step right forward, turn ¾ left transferring weight onto left (6:00)
7-8 Step right to right, transfer weight onto left
Arms Wipe brow with right hand

SEC 5 CROSS, ¼ TURN, COASTER STEP, STEP ¼ PIVOT, BEHIND SIDE CROSS

- 1-2 Cross right over left, step left to left
3&4 Turn ¼ right step right back, step left beside right, step right forward (9:00)
5-6 Step left forward, turn ¼ right transferring weight onto right (12:00)
7&8 Step left behind right, Step right to right, Cross left over right

SEC 6 OUT OUT, ARMS, BODY ROTATION, STEP

- 1-2 Step right to right diagonal, step left to left
3-4 Place right arm forward at shoulder height, place left arm forward at shoulder height
5-8 Rotate body from left to right anti-clockwise (weight ends on left)

Losing All Control

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SEC 7 JAZZBOX ¼ TURN, JAZZBOX ¼ TURN (6:00)

- 1-2 Cross right over left, turn ¼ right step left back
- 3-4 Step right to right, step left forward
- 5-6 Cross right over left, turn ¼ right step left back
- 7-8 Step right to right, step left forward

SEC 8 OUT OUT, ARMS, BODY ROLL

- 1-2 Step right to right diagonal, step left to left
- 3-4 Place right hand on center of chest, place left hand on right hand
- 5-8 Body roll from head to feet weight ending on left

Part B

SEC 1 DOROTHY STEP, DOROTHY STEP, OUT OUT, BALL CROSS, ½ UNWIND

- 1-2& Step right forward, lock left behind right, step right forward
- 3-4& Step left forward, lock right behind left, step left forward
- 5-6 Step right to right diagonal, step left to left
- &7-8 Step right beside left, cross left over right, unwind ½ right weight on left (12:00)

SEC 2 WALK, WALK, KICK BALL STEP, WALK, WALK, STEP ¼ PIVOT

- 1-2 Step right forward, step left forward
- 3&4 Kick right forward, step right beside left, step left forward
- 5-6 Step right forward, step left forward
- 7-8 Step right forward, turn ¼ left transferring weight onto left (9:00)

Arms

- 7 Cross arms in front of chest making an X
- & Take both arms out to the each side, elbows bent at 90 degree angle, hands at head height
- 8 Keep elbows bent at 90 degree angle, drop both hands down

SEC 3 CROSS, HOLD, BALL CROSS SHUFFLE, SIDE ROCK, ¼ WEAVE

- 1-2 Cross right over left, hold
- &3&4 Step left beside right, cross right over left, step left beside right, cross right over left
- 5-6 Rock left to left, recover weight onto right
- 7&8 Step left behind right, turn ¼ right step right forward, step left forward (12:00)

SEC 4 KICK BALL HEEL, BALL TOUCH ½ UNWIND, CROSS & HEEL, BALL CROSS, ½ UNWIND

- 1&2 Kick right forward, step right beside left, touch left heel forward
- &3-4 Step left beside right, touch right toe back, unwind ½ right transferring weight onto right (6:00)
- 5&6 Cross left over right, step right to right, touch left heel diagonally forward
- &7-8 Step left beside right, cross right over left, unwind ½ left transferring weight onto left (12:00)

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Tag 1

SEC 1 SLIDE, WEAVE, STOMP, HOLD, BALL CROSS SHUFFLE

- 1-2 Step right to right sliding left towards right
- 3&4 Step left behind right, step right to right, cross left over right
- 5-6 Stomp right to right, hold
- &7&8 Step left beside right, cross right over left, step left beside right, cross right over left

SEC 2 SLIDE, WEAVE, STOMP, HOLD, BALL CROSS SHUFFLE

- 1-2 Step left to left sliding right towards left
- 3&4 Step right behind left, step left to left, cross right over left
- 5-6 Stomp left to left, hold
- &7&8 Step right beside left, cross left over right, step right beside left, cross left over right

Tag 2

SEC 1 VINE $\frac{1}{4}$ TURN, STEP $\frac{1}{2}$ PIVOT STEP, TOUCH, BACK

- 1-3 Step right to right, step left behind right, turn $\frac{1}{4}$ right step right forward (3:00)
- 4-6 Step left forward, turn $\frac{1}{2}$ right transferring weight onto right, step left forward (9:00)
- 7-8 Touch right behind left, step right back

SEC 2 SIDE, HOLD, BALL SIDE SHUFFLE, SIDE, HOLD, BALL SIDE SHUFFLE

- 1-2 Step left to left, hold
- &3&4 Step right beside left, step left to left, step right beside left, step left to left
- 5-6 Step right to right, hold
- &7&8 Step left beside right, step right to right, step left beside right, step right to right

SEC 3 $\frac{1}{8}$ ROCKING CHAIR, STEP $\frac{1}{2}$ PIVOT, WALK, WALK

- 1-2 Turn $\frac{1}{8}$ right rock left forward, recover weight onto right (10:30)
- 3-4 Rock left back, recover weight onto right
- 5-6 Step left forward, turn $\frac{1}{2}$ right transferring weight onto right (4:30)
- 7-8 Step left forward, step right forward

SEC 4 JUMP & TOUCH, $\frac{1}{8}$ BACK, $\frac{1}{4}$ STEP, FULL TURN STEP, JUMP OUT, ARMS

- &1-2 Jump forward onto left touching right behind left, turn $\frac{1}{8}$ left step right back (3:00)
- 3&4 Turn $\frac{1}{4}$ left step left forward, full turn left step right beside left (12:00)
- &5-6 Jump both feet out punching both arms forward, punch both arms forward
- 7&8 Punch both arms forward, punch both arms forward, punch right arm up

Note On punches forward, start with first punch at shoulder height and lower on the following punches

- 1-4 Slowly pull right arm down SEC 1 SEC 1 SEC 1 SEC 1 SEC 1 SEC 1 SEC 1 SEC 1

