Something Inside
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136 Count 1 Wall Phrased Intermediate Level Dance
Choreographed by: Martina Bucco (DE) Jun 2020
Choreographed to: Something Inside by Marc Roberts
Intro: 32 Counts. Start at approx 17 secs

Remember to Vote for your favourite dances in the Linedancer Charts.

> Sequence: A, B, TAG, A, B, C, B*, TAG 2, B (Counts 33-56)

Part A 64 counts
SEC 1 STEP, ROCK STEP, LOCK SHUFFLE KICK, STEP, TOUCH, STEP, TURN,
1-3 LF step diagonal left forward, RF step forward, weight back to LF
4\&5 RF step back, LF cross in front of RF, RF step back
6\&7 LF kick forward, LF step beside RF, RF touch right
8-1 RF step forward with $1 / 4$ turn right , $1 / 4$ turn left on RF, carry LF
SEC 2 CROSS, STEP $1 / 4$ TURN, STEP $1 ⁄ 4$ TURN, MAMBO STEP $2 X$
2 LF cross over RF
3-4 $\quad R F$ step back with $1 / 4$ turn left, LF step left with $1 / 4$ turn left
5\&6 RF step forward left, weight back to LF, RF step right
7\&8 LF step right forward, weight back to RF, LF step left
SEC 3 SYNCROCK STEPS, SLIDE, COASTER STEP, SHUFFLE
1\&2\& RF step forward left, weight back to LF, RF step back, weight back to LF
3\&4 RF step forward left, weight back to LF, RF step back(slide LF back)
5\&6 LF step back, RF step beside LF, LF step forward
7\&8 RF step forward, LF step behind RF, RF step forward
SEC 4 CROSS, STEP, TRIPLE $1 ⁄ 2$ TURN, $1 / 2$ TURN, CROSS, SIDE ROCK
1-2 LF cross over RF, RF step back
$3 \& 4 \quad L F$ step left with $1 / 4$ turn left, RF step beside LF, LF step forward with $1 / 4$ turn left
5-6 $\quad 1 / 2$ turn left on LF (carry RF)
$7 \quad$ RF cross over LF
8-1 LF step left, weight back to RF

SEC 5 STEP IN PLACE 3X, SIDE ROCK, STEP IN PLACE 3X, ARM MOVEMENTS
2\&3 LF step beside RF, RF step beside LF, LF step beside RF
4-5 RF step right, weight back to LF
6\&7 RF step beside LF, LF step beside RF, RF step beside LF
$8 \quad R$ arm going up, $L$ arm going down, Snip fingers
$1 \quad \mathrm{R}$ arm going down, L arm going up, Snip fingers
SEC 6 ARM MOVEMENTS, TOUCH 2X, TURN, TOUCH, TURN, STEP
2 R arm going up, L arm going down, Snip fingers
3 R arm going down, L arm going up, Snip fingers
4-5 $\quad R F$ touch right $2 x$, Snap fingers $2 x$
6-7 $\quad 1 / 2$ turn right, LF touch left, $2 x$, Snap fingers $2 x$
8

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## SEC 7 SAILOR STEP $1 ⁄ 4$ TURNSTEP, ROCK STEP, COASTER STEP, STEP, ROCK STEP,

1-3 LF cross behind RF, RF step right with $1 / 4$ turn left, LF step forward
4-5 RF step forward, weight back to LF
6\&7 RF step back, LF step beside RF, RF step forward
8-1 LF step forward, weight back to RF
SEC 8 COASTER STEP, (3X STEP, $1 / 2$ TURN, STEP, $1 ⁄ 2$ TURN, )
$2 \& 3$ LF step back, RF step beside LF, LF step forward
4-5 RF step forward, $1 / 2$ turn left on both feet, LF step forward with $1 / 2$ turn left
6-7 RF step back with $1 / 2$ turn left , LF step forward with $1 / 2$ turn left
8-1 RF step back with $1 / 2$ turn left , LF step forward with $1 / 2$ turn left

Part B 56 counts
Note Part B* Dance Counts 1-8 slow, then Part B to the end
SEC 1 TOUCH, $1 / 2$ TURN, FLICK, STEP, SPIRAL TURN, $1 ⁄ 4$ STEP, SLIDE , BEND KNEE, $1 / 4$ STEP, FULL TURN
1-2 RF touch forward, $1 / 2$ turn left with flick
3-4 RF step forward, full turn left on both feet
5-6 LF step forward with $1 / 4$ turn left, $R F$ slide right, left knee bend
7-8 RF step forward with $1 / 4$ turn right, Full turn right on RF (carry LF)
SEC 2 STEP X 5, TOUCH, CLAP, KICK BALL STEP
1-2 LF step back, right toe turn from left to right, RF step back, left toe turn from right to left
3-4 LF step back, right toe turn from left to right, RF step back, left toe turn from right to left
5-6 LF step back, RF touch beside LF, Clap in both hands
7\&8 RF kick forward, RF step beside LF, LF step forward
SEC 3 TOUCH, $1 / 2$ TURN, FLICK, STEP, SPIRAL TURN, $1 / 4$ STEP , SLIDE , BEND KNEE, $1 / 4$ STEP, FULL TURN
1-2 RF touch forward, $1 / 2$ turn left with flick
3-4 RF step forward, full turn left on both feet
5-6 LF step forward with $1 / 4$ turn left, RF slide right, left knee bend
7-8 RF step forward with $1 / 4$ turn right, Full turn right on RF(carry LF)
SEC 4 STEP X 5, TOUCH, CLAP, KICK BALL STEP
1-2 LF step back, right toe turn from left to right, RF step back, left toe turn from right to left
3-4 LF step back, right toe turn from left to right, RF step back, left toe turn from right to left
5-6 LF step back, RF touch beside LF, Clap in both hands
7\&8 RF kick forward, RF step beside LF, LF step forward
SEC 5 KICK, STEP , SWIVEL 3X, KICK, STEP , SWIVEL 3X,
1 RF kick forward(LF on Toe)
$2 \quad$ RF step beside LF, LF step forward with bend knees(Heel turn from right to left)
3 RF step forward with bend knees(Heel turn from left to right)
4 LF step forward with bend knees (Heel turn from right to left)
$5 \quad$ RF kick forward(LF on Toe)
$6 \quad$ RF step beside LF, LF step forward with bend knees(Heel turn from right to left)
7 RF step forward with bend knees(Heel turn from left to right)
8 LF step forward with bend knees (Heel turn from right to left)
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## SEC 6 STEP $1 / 4$ TURN, TOUCH $4 X$

1-2 RF step forward with $1 / 4$ turn right, LF touch beside RF
3-4 LF step forward with $1 / 4$ turn right, $R F$ touch beside LF
5-6 $\quad R F$ step forward with $1 / 4$ turn right, LF touch beside RF
7-8 LF step forward with $1 / 4$ turn right, RF touch beside LF

SEC 7 ROLLING VINE, STEP, UPPER BODY FORMS A CIRCLE CLOCKWISE
1-3 RF step forward with $1 / 4$ turn right, LF step back with $1 / 2$ turn right, RF step right with $1 / 4$ turn right
4-8 LF big step left, Upper body forms a circle clockwise, weight changes from RF to LF, RF slide beside LF

Tag :
SEC 1 STEP, ROCK STEP, CHASSE, ROCK STEP, SHUFFLE ½ TURN
1-3 RF step diagonal right forward, LF step diagonal right forward, weight back to RF
4\&5 LF step left, RF step beside LF, LF step left
6-7 $\quad R F$ step diagonal left forward, weight back to LF
8\&1 RF step right with $1 / 4$ turn right, LF step beside RF, RF step forward with $1 / 4$ turn right
SEC 2 TOUCH, CROSS, TOUCH, JAZZ BOX ¼ TURN, STEP
2-4 LF touch left, LF cross over RF, RF touch right
5-7 RF cross over LF, RF step back, LF step back, RF step right with $1 / 4$ turn right
8\& LF step forward with $1 / 4$ turn right, RF step behind LF
Part C 16 counts
SEC 1 STEP, SWEEP, SWEEP, STEP, TOUCH, HOLD, STEP, $1 / 4$ TURN, TOUCH, HOLD, CROSS, HOLD, $1 / 2$ TURN, HOLD
\&1 RF step back, LF makes a circle from front to back (weight on LF)
$2 \quad$ RF makes a circle from front to back (weight on RF)
3-4 LF touch in front of RF (Arms stretched forward, crossed), LF step forward
5-6 $\quad 1 / 4$ turn left, RF touch right (stretch left arm up, right arm in front of the body), RF cross over LF
7-8 (left Arm stretched forward, right arm stretched back), $1 / 2$ turn left on both feet
1 (stretch left arm up, right arm in front of the body)hold
SEC 2 STEP $1 / 4$ TURN, HOLD, TOUCH, HOLD, STEP $1 ⁄ 4$ TURN, SLOW FULL TURN, TOUCH, $1 ⁄ 2$ TURN FLICK
2 LF step left with $1 / 4$ turn left
3 (left arm stretch left, hand angled)hold
4 LF touch beside RF
5 (left arm streched up, right arm grips left arm above the head)hold
6-7 LF step left with $1 / 4$ turn left
8 Full turn on LF(end on both feet)

## Tag 2

SEC 1 STEP, ROCK STEP, CHASSE, ROCK STEP, SHUFFLE ½ TURN,
1-3 RF step diagonal right forward, LF step diagonal right forward, weight back to RF
4\&5 LF step left, RF step beside LF, LF step left
6-7 RF step diagonal left forward, weight back to LF
8\&1 RF step right with $1 / 4$ turn right, LF step beside RF, RF step forward with $1 / 4$ turn right

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SEC 2 TOUCH, CROSS, TOUCH, JAZZ BOX ¼ TURN, TOUCH
2-4 LF touch left, LF cross over RF, RF touch right
5-7 RF cross over LF, RF step back, LF step back , RF step right with $1 ⁄ 4$ turn right
8 LF touch beside RF

SEC 3 STEP, ROCK STEP, CHASSE, ROCK STEP, CHASSE ¼ TURN,
1-3 LF step left diagonal forward, RF step diagonal left forward, weight back to LF
4\&5 RF step right, LF step beside RF, RF step diagonal right forward
6-7 LF step diagonal right forward, weight back to RF
8\&1 LF step left, RF step beside LF, LF step forward with $1 / 4$ turn left

SEC 4 TRIPLE TURN, SIDE ROCK
$2 \& 3 \quad$ RF step forward, LF step beside RF with $1 / 4$ turn left, RF step back with $1 / 4$ turn left
4\&5 LF step left with $1 / 4$ turn left, RF step beside LF, LF step forward with $1 / 4$ turn left
6-7 $\quad$ RF step right, weight back to LF
8 RF touch beside LF

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