www.linedancerweb.com
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## Ladies in The '90s

32 Count 4 Wall High Beginner Level Dance.
Choreographed by: Ed Evangelista (USA) Nov 2018
Choreographed to: Ladies In The '90s by Lauren Alaina
Intro: 32 Counts. Start on vocal at approx 19 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

## SEC 1 WALK FORWARD RL, MAMBO, WALK BACK LR, COASTER

1-2 Walk forward RL
3\&4 Rock forward on R, recover to $L$, step back on $R$
5-6 Walk back LR
$7 \& 8$ Step back on $L$, step $R$ next to $L$, step forward on $L$

SEC 2 SWAY, SWAY, SHUFFLE RIGHT, WEAVE RIGHT WITH POINT
1-2 Sway right, sway left
3\&4 Shuffle right RLR
5-6 Cross $L$ over $R$, step $R$ side right
7-8 Step $L$ behind $R$, Point $R$ side right
SEC 3 STEP R FORWARD, $1 / 4$ LEFT, POINT, STEP POINT, JAZZ BOX $1 / 4$ RIGHT
1-2 Step $R$ forward, $1 / 4$ turn left point $L$ side left (9:00)
3-4 Step forward on $L$, point $R$ side right
5-6 Cross $R$ over L, step back on $L$
7-8 $\quad 1 / 4$ turn right step on $R$, step on $L$ 12:00
SEC 4 ROCK FORWARD, RECOVER, $1 / 4$ TURN SHUFFLE, HEEL GRIND, COASTER STEP
1-2 Rock forward on $R$, recover to $L$
$3 \& 4 \quad 1 / 4$ turn right, side shuffle RLR (3:00)
5-6 Grind left heel, step on $R$
7\&8 Step L back, step R next to L, step forward on L

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