

Catch My Breath

32 Count, 4 Wall, Improver

Choreographer: Ieva Reinbaha & Linda Eihentale (May 2014)

Choreographe to: Catch My Breath by Kelly Clarkson

Start dancing on lyrics

STEP SIDE, ROCK FORWARD, RECOVER, CHASSE ¼, STEP, ½ TURN, LOCK STEP TURNING ½

- 1 Step left side
- 2-3 Rock right forward, recover to left
- 4&5 Chassé side right-left-right turning ¼ right
- 6-7 Step left forward, turn ½ right (weight to right)
- 8&1 Chassé forward left-right-left turning ½ right

SHUFFLE TURNING ½, ROCK FORWARD, RECOVER, LOCK STEP BACK, ROCK BACK, RECOVER

- 2&3 Chassé back right-left-right turning ½ right
- 4-5 Rock left forward, recover to right
- 6&7 Locking chassé back left-right-left
- 8-1 Rock right back, recover to left

SHUFFLE FORWARD, ROCK SIDE, WEAVE, ROCK SIDE, RECOVER

- 2&3 Chassé forward right-left-right
- 4-5 Rock left side, recover to right
- 6&7 Behind-side-cross left-right-left
- 8-1 Rock right side, recover to left

WEAVE TURNING ¼, ROCK FORWARD, RECOVER, STEP TURN ½, FULL TURN LEFT & ¾ TURN LEFT

- 2&3 Cross right behind, turn ¼ left and step left forward, step right forward
- 4-5 Rock left forward, recover to right
- 6& Turn ½ left and step left forward, hold
- 7& Turn ½ left and step right back, turn ½ left and step left forward
- 8& Turn ½ left and step right back, turn ¼ left (weight to right) (3:00)

TAG After wall 8

STEP, SWEEP, ROCK FORWARD, TURN ¼, SWEEP, TURN ¼, STEP FORWARD

- 1 Step left together
- 2&3 Sweep/cross right over, step left slightly back, step right side
- 4&5 Rock left forward, recover to right, turn ¼ left and step left side
- 6&7 Sweep/cross right over, step left in place, turn ¼ right and step right forward
- 8 Step left forward

TURN, STEP, ROCK SIDE, RECOVER, STEP FORWARD, TURN ½, FULL SWEEP CIRCLE, RIGHT POINT, DRAG & TURN ½ RIGHT (WEIGHT TO RIGHT)

- 1 Step left forward
- 2&3 Rock right side, recover to left, step right forward
- 4-5 Turn ½ left (weight to left), turn ½ left (sweep right)
- 6 Turn ½ left and sweep/touch right together
- 7-8 Touch right side, (bend left knee), drag right toward left (straighten left knee)